

REGISTERED COMPANY NUMBER: 02533622 (England and Wales)
REGISTERED CHARITY NUMBER: 1002257

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025
FOR
BLACK COUNTRY MENTAL HEALTH

Folkes Worton LLP
15-17 Church Street
Stourbridge
West Midlands
DY8 1LU

BLACK COUNTRY MENTAL HEALTH

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FOR THE YEAR ENDED 31 MARCH 2025

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BLACK COUNTRY MENTAL HEALTH

REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MARCH 2025

TRUSTEES

Ms H Harris Company Director
Mr M B Khan Motor Mechanic
Ms F J Lucas Self Employed
Mr K Parsons Unemployed (resigned 11/7/2024)
Ms L Perry University Outreach Advisor
Mr D R Tyler Retired
Mr A J Walsh Service User (resigned 5/6/2024)
Mr A Khoury Architect (resigned 1/10/2024)
Mr J A Dickenson (appointed 1/4/2025)

REGISTERED OFFICE

The Hub
Bushey Fields Hospital Site
Bushey Fields Road
Dudley
West Midlands
DY1 2LZ

REGISTERED COMPANY NUMBER 02533622 (England and Wales)

REGISTERED CHARITY NUMBER 1002257

INDEPENDENT EXAMINER

Folkes Worton LLP
15-17 Church Street
Stourbridge
West Midlands
DY8 1LU

BANKERS

Handelsbanken
Ground Floor,
2 Trinity Court,
Broadlands,
Wolverhampton
WV10 6UH

SOLICITORS

FBC Manby Bowdler
6-10 George Street
Wolverhampton
WV2 4DN

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2025**

The trustees present their report and accounts for the year ended 31 March 2025.

The legal and administrative information forms part of this report.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of Black Country Mental Health are 'to promote the preservation and maintenance of good mental health as well as assisting with the recovery of and providing support for those people experiencing emotional or mental distress in the Black Country (The Metropolitan Boroughs of Dudley, Sandwell Walsall and Wolverhampton) and such other areas from time to time determined by the Board of Management'. Black Country Mental Health may from time to time seek grants and loans to finance capital purchases and fund specific activities, accept donations, sponsorship fees, subscriptions, legacies and bequests.

Organisational Management

This is delegated to the Chief Executive who reports to the board of trustees at each meeting. From time to time the Chief Executive may send out briefings to the trustees to keep them informed of current development.

The Team

The team at BCMH consists of a small number of paid part time staff and a large group of volunteers who help to deliver and support the services being operated. Being one team is extremely important to BCMH as each member is valued for their individual and collective input.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2025**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

In setting our objectives and planning our activities the Trustees have given careful consideration to the duty in Section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit.

In order to achieve its objectives Black Country Mental Health's activities and who it benefits are outlined as follows;

Awards:

We were successful in gaining the King's Award for Voluntary Service which was announced in November. This is as a direct result of the hard work that our volunteers have put into supporting people. We are now working towards being a volunteering charity with lead volunteers facilitating and managing some of the services. BCMH were runners up in the Wellbeing Workplace Awards and were the best Mental Health First Aid trainer in the West Midlands.

Bereavement and Grief Counselling:

This continues to be a much-needed service as we have been able to support a large number of adults and children through their grieving process. This service continues to be beneficial to a large number of individuals.

Counselling

We have continued to offer placement opportunities for students on Level 4, 5, 6 and 7 including trauma informed work. This has enabled us to support more people. Students come from various colleges, Universities and training companies.

Fundraising

During the year under review we were pleased to receive £12,000.00 from the Party with a Purpose arranged by Kay Hinton at Wolverhampton Racecourse with a further £9,000 being donated to Cruse. At this event we announced Dave Hill from Slade being appointed as our Ambassador.

We were also chosen as the charity for the Caribbean Golfing Society and attended their presentation dinner. In June we attended an event at Dudley College organised by Rose Cook Monk, and a concert by the Gentlemen Songsters, both of which raised money for BCMH.

We had ten runners in the London Landmarks Half Marathon in April and several runners in other event such as the Dublin Half Marathan.

We had numerous donations, some from people who we had supported and others from people who wanted to help us develop and deliver our services. We are so grateful to everyone who has donated or raised money for us during this financial year and will hopefully support us during the next one. If we have missed anyone out this is not intentional. We were pleased to welcome Toni to join us on fundraising.

Growing In the Park Horticultural Project

This project continues to be managed and operated by volunteers. It remains a source of support to manage mental health by giving the volunteers the opportunity to be in the open air in a tranquil setting and also to have some social support with each other. This project is situated in the Walled Garden at Stevens Park, Wollescote, Stourbridge. Several companies have supported us during the year by staff volunteering their time to work on the garden. Sadly, we have experienced a high volume of vandalism and theft of plants.

Jolly Joggers - Couch to 5k

This remains a popular activity which is conducted over a 12-week period with qualified and experienced volunteers in West Park, Wolverhampton. The programme combines the benefits of physical exercise with our mental wellbeing and being in the open air has an impact directly on this. At the end of the programme everyone takes part in Park Run which is the 5k element. The volunteers continue to be amazing with their encouragement for people taking part. Our Ambassador Dave Hill was able to join the last session earlier in the year and meet the volunteers and the participants.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2025**

Peer Mentoring/Self Help groups

These have taken place throughout the year facilitated by staff and volunteers. These groups offer mutual support and the sharing of coping strategies in a confidential safe environment. People are free to attend as and when they feel they need the support. The female trauma group has continued to provide support as well as allowing the participants to develop social networks and keep in touch with each other as well as contact staff if they are needing further support. During this year the facility in Smethwick has seen an influx of people needing a wide range of support through 1:1 appointments,

Recovery Activities

A drop in facility is available on Sundays which allows for social interaction as well as the opportunity to be supported with issues which might be impeding recovery. We are looking at providing a midweek drop in facility in the next financial year.

We have continued to support the Grand Theatre by taking part in producing artwork for their pantomime production. We continue to work with a large number of people who are in employment, often in senior positions and finding work stressful as well as difficulties in balancing work and life.

Schools and Colleges

During the year we have promoted the Wellbeing Warriors training for pupils from year 4 and 5 in some Primary Schools. This has enabled pupils to work in liaison with teaching staff to support their peers when they are feeling anxious or upset.

Support Line

We have continued to offer reduced times for this. Calls are significantly reduced; however we are receiving more calls on the office telephone number out of hours now. Despite other services being in place we still have a lot of people who have been given our telephone number by paramedics, the Police, 111 and GPs. We continue to provide support through weekly calls to some people who need this. This has been taking place since Covid and there is still a great need for this. These calls have sometime brought up other issues which our volunteers have been able to work with the person towards a resolution, or we have been able to arrange counselling for them.

Workplace Wellbeing

We have continued to deliver training in the form of the Mental Health First Aid as well as general mental health awareness to several organisations and individuals. We have continued to work with some companies to promote mental health support in the workplace in particular JJX Logistics and Hill and Smith.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2025**

FINANCIAL REVIEW

Financial position

Sources of funding

During the year, the main sources of funding were derived from delivering counselling, training, donations and fundraising together with support from a number of local companies.

Premises

The charity continues to operate from the building on the Bushey Fields Hospital site which has enabled more people to be able to travel to us as the public transport situation is much easier from the other areas of the Black Country thus allowing a better service to be provided whilst also enhancing opportunities to develop income streams. The move has improved our contacts and liaison with the NHS Trust and other Mental Health statutory providers. In the later part of the previous financial period BCMH took part in a pilot to offer 'Getting Help' to children and young people through Black Country CAMHS (Child and Adolescent Mental Health Services). This was extended into a contract through the consortium that BCMH is in partnership with, namely, The What? Centre, Phase Trust and the AOC.

Designated funds

In 2024/2025 the designated fund was reviewed, and it was decided that a more accurate figure for designated reserves was £48,071 (2024: £49,000).

Reserves

The Trustees hold the view that a minimum of six months' salaries and operating overheads should be maintained so that any reduction in funding brought about by political change or otherwise would not have an immediate effect on the services of the charity. Under this policy and considering redundancy and termination costs in 2024/25 we will require a level of reserves of approximately £48,071 whilst the actual level of unrestricted reserves is £122,860.

Transactions and financial position

The Statement of Financial Activities shows income for the year of £106,412 with expenditure of £95,921 resulting in a surplus of £10,491. The balance of the accumulated fund stands at £170,285 in total consisting of £48,091 designated funds, £74,769 general unrestricted funds and £47,425 restricted funds. Trustees maintained their intention to reduce any operating deficit through the strategy of growing services and income.

Investment

Under the Memorandum and Articles of Association, Black Country Mental Health has the power to make any investment which the Trustees see fit. To maximize the investment opportunity on monies held in Black Country Mental Health's bank accounts a fixed interest account has been operating throughout the year with Handelsbanken through a 35-day notice account. This arrangement ensures the highest level of interest reconcilable with ease of access to funds is achieved which is monitored monthly.

Risk management

The Board has instituted and maintains a Charity Risk Assessment of the major strategic and operational risks that they face, identifying risk factors, their likelihood and impact, and control procedures to limit risk. The assessment is reviewed and updated as necessary annually by the Board. Risk management is an on-going process, and particular attention is paid to those few aspects that are identified as having a higher likelihood and/or impact. Operational Risk is managed using our risk assessment and risk management tools as well as our Health and Safety documentation which is regularly reviewed by the Board. All serious incidents are reported periodically to the Board.

Plans for the future

The Board recognises that diversification of income is imperative, and some progress has been made in this area. Increased effort in promoting mental health training to both the public and private sectors has begun to show reward and our name is now more widely recognised in this area. We are proud to have been adopted by several local companies as their charity partner, and this has led to further enquiries for training. Interest is being shown in supporting the charity from various sectors as mental health becomes more openly discussed.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2025**

There is no doubt that the future continues to be challenging, but there are encouraging signs that the efforts being made by all involved with Black Country Mental Health are now showing returns. The work with Black Country CAMHS supporting children and young people with their parents will continue into the next financial year as will the work with Talking Therapies Plus.

We are also working with a local First Aid training company to deliver Mental Health First Aid on their behalf.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Black Country Mental Health is a charitable company limited by guarantee. When incorporated as Dudley Mind in 1990, it took over the functions, properties and liabilities of a charity registered in 1976, known as the Dudley Association for Mental Health. Black Country Mental Health is governed by its Memorandum and Articles of Association as revised in 1997.

Board of Management ("The Board")

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Mr D Tyler
Mr A Walsh
Ms F J Lucas
Mr M Khan
Ms L Perry
Mr A Khoury
Ms H Harris
Mr K Parsons

Every year one third of the members retire from office; the members so retiring shall be those who have been longest in office since their last election. All retiring members shall be eligible for re-election subject to certain provisions as set out in Rule 43 a) & b) of the Articles of Association.

In the appointment of members, the Board is very mindful of the need to maintain a broad cross section of professional skills and life experience relevant to its duties and obligations. Induction and training of new members is based on individual needs but will always include familiarization with Black Country Mental Health's activities. Prior to appointment on the vote of board members, all potential new members are required to meet the Chair, Vice-Chair and/or Chief Executive to establish that there are no disqualifying conditions, that there is a genuine desire to help and contribute to the organisation and that the obligations and "duty of care" of a director and trustee are fully understood and accepted. Service users and ex-service users who can meet the criteria are sought after as members.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organizational structure and related parties:

Management of the day-to-day operational duties, service provision, staff management is delegated to the Chief Executive. The freedom to act allowed by this delegation may be circumscribed in some areas, for example the company has prescribed financial regulations governing spending limits.

Staffing:

Staff continues to be both the organization's greatest asset and its greatest expense. They have continued to show great dedication to their work in improving mental health despite an uncertain funding climate. All staff members receive support from their line manager. Training is provided as identified for specific job roles including data protection (GDPR).

The trustees' report was approved by the Board of Trustees.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

Approved by order of the board of trustees on 7 October 2025 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'D R Tyler', written in a cursive style.

Mr D R Tyler - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BLACK COUNTRY MENTAL HEALTH**

Independent examiner's report to the trustees of Black Country Mental Health ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nigel Meredith
The Institute of Chartered Accountants in England and Wales

Folkes Worton LLP
15-17 Church Street
Stourbridge
West Midlands
DY8 1LU

7 October 2025

BLACK COUNTRY MENTAL HEALTH**STATEMENT OF FINANCIAL ACTIVITIES**
FOR THE YEAR ENDED 31 MARCH 2025

| | Notes | Unrestricted funds £ | Restricted funds £ | 2025 Total funds £ | 2024 Total funds £ |
|------------------------------------|-------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| INCOME AND ENDOWMENTS FROM | | | | | |
| Donations and legacies | 2 | 5,125 | - | 5,125 | 6,863 |
| Charitable activities | 5 | | | | |
| Charitable activities | | 43,371 | - | 43,371 | 29,975 |
| Other trading activities | 3 | 51,708 | 4,260 | 55,968 | 29,015 |
| Investment income | 4 | 1,948 | - | 1,948 | 2,345 |
| Total | | <u>102,152</u> | <u>4,260</u> | <u>106,412</u> | <u>68,198</u> |
| EXPENDITURE ON | | | | | |
| Charitable activities | 6 | | | | |
| Charitable activities | | <u>90,025</u> | <u>5,896</u> | <u>95,921</u> | <u>89,345</u> |
| NET INCOME/(EXPENDITURE) | | 12,127 | (1,636) | 10,491 | (21,147) |
| RECONCILIATION OF FUNDS | | | | | |
| Total funds brought forward | | 110,733 | 49,061 | 159,794 | 180,941 |
| TOTAL FUNDS CARRIED FORWARD | | <u>122,860</u> | <u>47,425</u> | <u>170,285</u> | <u>159,794</u> |

The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH

BALANCE SHEET
31 MARCH 2025

| | Notes | Unrestricted funds £ | Restricted funds £ | 2025 Total funds £ | 2024 Total funds £ |
|--|-------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| FIXED ASSETS | | | | | |
| Tangible assets | 12 | 2,873 | 47,425 | 50,298 | 49,061 |
| CURRENT ASSETS | | | | | |
| Debtors | 13 | 24,357 | - | 24,357 | 15,398 |
| Cash at bank and in hand | | 107,115 | - | 107,115 | 110,246 |
| | | <u>131,472</u> | <u>-</u> | <u>131,472</u> | <u>125,644</u> |
| CREDITORS | | | | | |
| Amounts falling due within one year | 14 | (11,485) | - | (11,485) | (14,911) |
| NET CURRENT ASSETS | | <u>119,987</u> | <u>-</u> | <u>119,987</u> | <u>110,733</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | <u>122,860</u> | <u>47,425</u> | <u>170,285</u> | <u>159,794</u> |
| NET ASSETS | | <u>122,860</u> | <u>47,425</u> | <u>170,285</u> | <u>159,794</u> |
| FUNDS | 15 | | | | |
| Unrestricted funds | | | | 122,860 | 110,733 |
| Restricted funds | | | | 47,425 | 49,061 |
| TOTAL FUNDS | | | | <u>170,285</u> | <u>159,794</u> |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

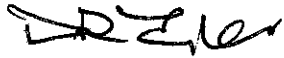
The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH

BALANCE SHEET - continued
31 MARCH 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 7 October 2025 and were signed on its behalf by:



Mr D R Tyler - Trustee

The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised on receipt.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost, net of depreciation and any impairment losses.

The trustees have adopted a policy whereby fixed assets costing less than £500 are not capitalised.

Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

| | |
|---------------------------------|---------------------------------|
| Land and buildings | Over the term of the lease |
| Leasehold property improvements | 10% p.a. straight line basis |
| Fixtures, fittings & equipment | 12.5% p.a. straight line basis |
| Computer equipment | 33.33% p.a. straight line basis |

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES - continued

Fund accounting

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

| | 2025 | 2024 |
|--------------|--------------|--------------|
| | £ | £ |
| Donations | 4,835 | 5,839 |
| Other income | 290 | 1,024 |
| | <u>5,125</u> | <u>6,863</u> |

3. OTHER TRADING ACTIVITIES

| | 2025 | 2024 |
|--------------------|---------------|---------------|
| | £ | £ |
| Fundraising events | <u>55,968</u> | <u>29,015</u> |

4. INVESTMENT INCOME

| | 2025 | 2024 |
|-------------------------------|--------------|--------------|
| | £ | £ |
| Other participating interests | <u>1,948</u> | <u>2,345</u> |

5. INCOME FROM CHARITABLE ACTIVITIES

| | 2025 | 2024 |
|-----------------------|---------------|---------------|
| | £ | £ |
| Charitable activities | <u>43,371</u> | <u>29,975</u> |

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

6. CHARITABLE ACTIVITIES COSTS

| | Direct Costs £ | Support costs (see note 7) £ | Totals £ |
|-----------------------|----------------------|---------------------------------------|---------------|
| Charitable activities | <u>92,893</u> | <u>3,028</u> | <u>95,921</u> |

7. SUPPORT COSTS

| | Finance £ |
|-----------------------|--------------|
| Charitable activities | <u>3,028</u> |

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

| | 2025 £ | 2024 £ |
|-----------------------------|--------------|--------------|
| Depreciation - owned assets | <u>2,490</u> | <u>1,635</u> |

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

10. STAFF COSTS

| | 2025 £ | 2024 £ |
|-----------------------|---------------|---------------|
| Wages and salaries | 66,129 | 53,983 |
| Social security costs | 392 | 16 |
| Other pension costs | 339 | 443 |
| | <u>66,860</u> | <u>54,442</u> |

The average monthly number of employees during the year was as follows:

| | 2025 | 2024 |
|-----------------------|----------|----------|
| Charitable activities | <u>1</u> | <u>1</u> |
| Management and admin | <u>2</u> | <u>2</u> |
| | <u>3</u> | <u>3</u> |

There were no employees whose annual remuneration was £60,000 or more

BLACK COUNTRY MENTAL HEALTH**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2025**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

| | Unrestricted funds £ | Restricted funds £ | Total funds £ |
|------------------------------------|----------------------------|--------------------------|-----------------------|
| INCOME AND ENDOWMENTS FROM | | | |
| Donations and legacies | 6,863 | - | 6,863 |
| Charitable activities | | | |
| Charitable activities | 29,975 | - | 29,975 |
| Other trading activities | 18,300 | 10,715 | 29,015 |
| Investment income | 2,345 | - | 2,345 |
| Total | <u>57,483</u> | <u>10,715</u> | <u>68,198</u> |
| EXPENDITURE ON | | | |
| Charitable activities | | | |
| Charitable activities | <u>76,995</u> | <u>12,350</u> | <u>89,345</u> |
| NET INCOME/(EXPENDITURE) | (19,512) | (1,635) | (21,147) |
| RECONCILIATION OF FUNDS | | | |
| Total funds brought forward | 130,245 | 50,696 | 180,941 |
| TOTAL FUNDS CARRIED FORWARD | <u><u>110,733</u></u> | <u><u>49,061</u></u> | <u><u>159,794</u></u> |

BLACK COUNTRY MENTAL HEALTH**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025****12. TANGIBLE FIXED ASSETS**

| | Freehold property £ | Long leasehold £ | Fixtures and fittings £ | Computer equipment £ | Totals £ |
|------------------------|---------------------------|------------------------|----------------------------------|----------------------------|---------------|
| COST | | | | | |
| At 1 April 2024 | 81,768 | 40,354 | 54,643 | - | 176,765 |
| Additions | - | - | - | 3,727 | 3,727 |
| Disposals | - | (40,354) | (54,643) | - | (94,997) |
| At 31 March 2025 | <u>81,768</u> | <u>-</u> | <u>-</u> | <u>3,727</u> | <u>85,495</u> |
| DEPRECIATION | | | | | |
| At 1 April 2024 | 32,707 | 40,354 | 54,643 | - | 127,704 |
| Charge for year | 1,636 | - | - | 854 | 2,490 |
| Eliminated on disposal | - | (40,354) | (54,643) | - | (94,997) |
| At 31 March 2025 | <u>34,343</u> | <u>-</u> | <u>-</u> | <u>854</u> | <u>35,197</u> |
| NET BOOK VALUE | | | | | |
| At 31 March 2025 | <u>47,425</u> | <u>-</u> | <u>-</u> | <u>2,873</u> | <u>50,298</u> |
| At 31 March 2024 | <u>49,061</u> | <u>-</u> | <u>-</u> | <u>-</u> | <u>49,061</u> |

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2025 £ | 2024 £ |
|---------------|---------------|---------------|
| Trade debtors | 23,251 | 11,925 |
| Prepayments | 1,106 | 3,473 |
| | <u>24,357</u> | <u>15,398</u> |

BLACK COUNTRY MENTAL HEALTH**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2025**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

| | 2025 | 2024 |
|---------------------------------|---------------|---------------|
| | £ | £ |
| Trade creditors | 260 | 5 |
| Social security and other taxes | 1,382 | 946 |
| Accruals and deferred income | 9,843 | 13,960 |
| | <u>11,485</u> | <u>14,911</u> |

15. MOVEMENT IN FUNDS

| | At 1/4/24 | Net movement in funds | At 31/3/25 |
|---------------------------|----------------|-----------------------------|----------------|
| | £ | £ | £ |
| Unrestricted funds | | | |
| General fund | 61,733 | 12,127 | 73,860 |
| Designated Fund | 49,000 | - | 49,000 |
| | <u>110,733</u> | <u>12,127</u> | <u>122,860</u> |
| Restricted funds | | | |
| Property Fund | 49,061 | (1,636) | 47,425 |
| | <u>159,794</u> | <u>10,491</u> | <u>170,285</u> |

Net movement in funds, included in the above are as follows:

| | Incoming resources | Resources expended | Movement in funds |
|---------------------------|-----------------------|-----------------------|----------------------|
| | £ | £ | £ |
| Unrestricted funds | | | |
| General fund | 102,152 | (90,025) | 12,127 |
| Restricted funds | | | |
| Property Fund | (1) | (1,635) | (1,636) |
| Marathon | 1,000 | (1,000) | - |
| Fisher Trust Garden | 1,000 | (1,000) | - |
| Get Set To Go | 2,261 | (2,261) | - |
| | <u>4,260</u> | <u>(5,896)</u> | <u>(1,636)</u> |
| TOTAL FUNDS | <u>106,412</u> | <u>(95,921)</u> | <u>10,491</u> |

BLACK COUNTRY MENTAL HEALTH**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025****15. MOVEMENT IN FUNDS - continued****Comparatives for movement in funds**

| | At 1/4/23 £ | Net movement in funds £ | At 31/3/24 £ |
|---------------------------|----------------|----------------------------------|--------------------|
| Unrestricted funds | | | |
| General fund | 81,245 | (19,512) | 61,733 |
| Designated Fund | 49,000 | - | 49,000 |
| | <u>130,245</u> | <u>(19,512)</u> | <u>110,733</u> |
| Restricted funds | | | |
| Property Fund | 50,696 | (1,635) | 49,061 |
| | <u>180,941</u> | <u>(21,147)</u> | <u>159,794</u> |

Comparative net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 57,242 | (76,754) | (19,512) |
| Fisher trust Garden | 187 | (187) | - |
| Fisher Trust Children | 54 | (54) | - |
| | <u>57,483</u> | <u>(76,995)</u> | <u>(19,512)</u> |
| Restricted funds | | | |
| Property Fund | - | (1,635) | (1,635) |
| Marathon | 4,500 | (4,500) | - |
| Finnis Scott | 2,187 | (2,187) | - |
| Edward Cadbury | 1,600 | (1,600) | - |
| Get Set To Go | 2,428 | (2,428) | - |
| | <u>10,715</u> | <u>(12,350)</u> | <u>(1,635)</u> |
| TOTAL FUNDS | <u>68,198</u> | <u>(89,345)</u> | <u>(21,147)</u> |

BLACK COUNTRY MENTAL HEALTH**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025****15. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

| | At 1/4/23 £ | Net movement in funds £ | At 31/3/25 £ |
|---------------------------|----------------|----------------------------------|--------------------|
| Unrestricted funds | | | |
| General fund | 81,245 | (7,385) | 73,860 |
| Designated Fund | 49,000 | - | 49,000 |
| | <u>130,245</u> | <u>(7,385)</u> | <u>122,860</u> |
| Restricted funds | | | |
| Property Fund | 50,696 | (3,271) | 47,425 |
| | <u>180,941</u> | <u>(10,656)</u> | <u>170,285</u> |

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 159,394 | (166,779) | (7,385) |
| Fisher trust Garden | 187 | (187) | - |
| Fisher Trust Children | 54 | (54) | - |
| | <u>159,635</u> | <u>(167,020)</u> | <u>(7,385)</u> |
| Restricted funds | | | |
| Property Fund | (1) | (3,270) | (3,271) |
| Marathon | 5,500 | (5,500) | - |
| Fisher Trust Garden | 1,000 | (1,000) | - |
| Finnis Scott | 2,187 | (2,187) | - |
| Edward Cadbury | 1,600 | (1,600) | - |
| Get Set To Go | 4,689 | (4,689) | - |
| | <u>14,975</u> | <u>(18,246)</u> | <u>(3,271)</u> |
| TOTAL FUNDS | <u>174,610</u> | <u>(185,266)</u> | <u>(10,656)</u> |

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

BLACK COUNTRY MENTAL HEALTH**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
FOR THE YEAR ENDED 31 MARCH 2025

| | 2025 £ | 2024 £ |
|---------------------------------|----------------|---------------|
| INCOME AND ENDOWMENTS | | |
| Donations and legacies | | |
| Donations | 4,835 | 5,839 |
| Other income | 290 | 1,024 |
| | <u>5,125</u> | <u>6,863</u> |
| Other trading activities | | |
| Fundraising events | 55,968 | 29,015 |
| Investment income | | |
| Other participating interests | 1,948 | 2,345 |
| Charitable activities | | |
| Charitable activities | 43,371 | 29,975 |
| | <u>106,412</u> | <u>68,198</u> |
| Total incoming resources | | |
| | | |
| EXPENDITURE | | |
| Charitable activities | | |
| Wages | 66,129 | 53,983 |
| Social security | 392 | 16 |
| Pensions | 339 | 443 |
| Insurance | 773 | 1,265 |
| Telephone | 3,501 | 2,414 |
| Postage and stationery | 1,310 | 841 |
| Advertising | 375 | - |
| Sundries | 17,883 | 21,655 |
| Travelling | 2,191 | 6,457 |
| | <u>92,893</u> | <u>87,074</u> |
| Support costs | | |
| Finance | | |
| Bank charges | 539 | 511 |
| Freehold property | 1,635 | 1,635 |
| Computer equipment | 854 | - |
| | <u>3,028</u> | <u>2,146</u> |
| Governance costs | | |
| Accountancy and legal fees | - | 125 |

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BLACK COUNTRY MENTAL HEALTH

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

| | 2025 | 2024 |
|--------------------------|--------|----------|
| | £ | £ |
| Total resources expended | 95,921 | 89,345 |
| Net income/(expenditure) | 10,491 | (21,147) |

This page does not form part of the statutory financial statements