

REGISTERED COMPANY NUMBER: 02533622 (England and Wales)
REGISTERED CHARITY NUMBER: 1002257

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024
FOR
BLACK COUNTRY MENTAL HEALTH

Folkes Worton LLP
15-17 Church Street
Stourbridge
West Midlands
DY8 1LU

BLACK COUNTRY MENTAL HEALTH

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FOR THE YEAR ENDED 31 MARCH 2024

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BLACK COUNTRY MENTAL HEALTH

REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES

Mr D R Tyler Retired
Mr A Khoury Architect
Mrs H Harris Company Director
Mr M B Khan Motor Mechanic
Ms F J Lucas Self Employed
Mr P D Marsh Enterprise Architect (resigned 1/12/2023)
Mr K Parsons Unemployed (resigned 11/7/2024)
Ms L Perry University Outreach Advisor
Mr A J Walsh Unemployed (resigned 5/6/2024)

REGISTERED OFFICE

The Hub
Bushey Fields Hospital Site
Bushey Fields Road
Dudley
West Midlands
DY1 2LZ

REGISTERED COMPANY NUMBER 02533622 (England and Wales)

REGISTERED CHARITY NUMBER 1002257

INDEPENDENT EXAMINER

Folkes Worton LLP
15-17 Church Street
Stourbridge
West Midlands
DY8 1LU

BANKERS

Handelsbanken
Ground Floor,
2 Trinity Court,
Broadlands,
Wolverhampton
WV10 6UH

SOLICITORS

FBC Manby Bowdler
6-10 George Street
Wolverhampton
WV2 4DN

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2024**

The trustees present their report and accounts for the year ended 31 March 2024.

The legal and administrative information forms part of this report.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of Black Country Mental Health are 'to promote the preservation and maintenance of good mental health as well as assisting with the recovery of and providing support for those people experiencing emotional or mental distress in the Black Country (The Metropolitan Boroughs of Dudley, Sandwell Walsall and Wolverhampton) and such other areas from time to time determined by the Board of Management'.

Black Country Mental Health may from time to time seek grants and loans to finance capital purchases and fund specific activities, accept donations, sponsorship fees, subscriptions, legacies and bequests.

Organisational Management

This is delegated to the Chief Executive who reports to the board of trustees at each meeting. From time to time the Chief Executive may send out briefings to the trustees to keep them informed of current development.

The Team

The team at BCMH consists of a small number of paid part time staff and a large group of volunteers who help to deliver and support the services being operated. Being one team is extremely important to BCMH as each member is valued for their individual and collective input.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2024**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

In setting our objectives and planning our activities the Trustees have given careful consideration to the duty in Section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit.

In order to achieve its objectives Black Country Mental Health's activities and who it benefits may be categorised as follows;

Recovery Activities: A drop in facility is available on Sundays which allows for social interaction as well as the opportunity to be supported with issues which might be impeding recovery. We have continued to support the Grand Theatre by taking part in producing art and craft for their pantomime production. We have provided sessions at some of the refuges in the borough to aid the residents with their recovery. We continue to work with a large number of people who are working and finding work hard to manage.

Peer Mentoring/Self Help groups: Have taken place throughout the past financial year facilitated by staff and volunteers. These groups offer mutual support and the sharing of coping strategies in a confidential safe environment. People are able to attend as and when they feel they need the support. The female trauma group has continued to provide support as well as allowing the participants to develop social networks and keep in touch with staff and each other outside of the group through a chatroom. During this financial year we have changed the group in Sandwell at one of the foodbanks to a drop in service.

Workplace Wellbeing: We have continued to deliver training in the form of the Mental Health First Aid as well as general mental health awareness to a number of organisations and individuals. We are also working with some companies to promote mental health support by being available at their workplace for staff to access. In particular we have been working with Hill and Smith over the past two years by having a presence at four of their companies, three in person and one remotely. During the year we have continued to support JJX Logistics.

Growing In The Park Horticultural Project: This project is now completely managed and operated by volunteers. It continues to be a source of support to manage mental health by giving the volunteers the opportunity to be in the open air in a tranquil setting and also to have some social support with each other. This project is situated in the Walled Garden at Stevens Park, Wollescote and has been supported by DWP staff volunteering on occasion and also other companies. The greenhouses have allowed us to grow seeds and plants for sale at local events and also at the project.

Jolly Joggers - Couch to 5k: This remains a popular activity which is conducted over a 12 week period with qualified and experienced volunteers in West Park, Wolverhampton. The programme combines the benefits of physical exercise with our mental wellbeing and being in the open air has an impact directly on this. At the end of the programme everyone takes part in Park Run which is the 5k element.

Bereavement and Grief Counselling: This service continues to be beneficial to a large number of individuals. Despite not being funded directly to provide this BCMH continue to accept people either by self referral or through Talking Therapies although there has not been any formal contact from them to do this. We have found that GPs and other NHS services are giving our number out. Cruse have not been taking some work so the bulk of this has fallen on BCMH,

Schools and Colleges: During the year we have promoted the Wellbeing Warriors training for pupils from year 4 at Brockmore Primary School.. This has enabled pupils to work in liaison with teaching staff to support their peers when they are feeling anxious or upset. We are continuing to seek funding to further deliver this course as the benefits are able to be seen in the way pupils manage their emotional wellbeing in Primary School but also when they transition to High School.

Support Line: We continue to offer reduced times for this. Calls are significantly reduced, however we are receiving more calls on the office telephone number out of hours now. Despite other services being in place we still have a lot of people who have been given our telephone number by paramedics, the Police, 111 and GPs.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

Telephone Support: We continue to provide support through weekly calls to some people who need this. This has been taking place since Covid and there is still a great need for this. These calls have sometime brought up other issues which our volunteers have been able to work with the person towards a resolution.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2024**

FINANCIAL REVIEW

Financial position

Sources of funding:

During the year, the main sources of funding were derived from delivering training , donations and fundraising together with support from a number of local companies.

Premises:

The charity continues to operate from the building on the Bushey Fields Hospital site has enabled more people to be able to travel to us as the public transport situation is much easier from the other areas of the Black Country thus allowing a better service to be provided whilst also enhancing opportunities to develop income streams. The move is hoped to improve our contacts and liaison with the NHS Trust and other Mental Health statutory providers. In the later part of the financial period BCMH took part in a pilot to offer 'Getting Help' to children and young people through Black Country CAMHS.

Designated funds:

In 2023/2024 the designated fund was reviewed and it was decided that a more accurate figure for designated reserves was £49,000 (2023: £49,000).

Reserves:

The Trustees hold the view that a minimum of six months' salaries and operating overheads should be maintained so that any reduction in funding brought about by political change or otherwise would not have an immediate effect on the services of the charity. Under this policy and taking into account redundancy and termination costs in 2023/24 we will require a level of reserves of approximately £49,000 whilst the actual level of unrestricted reserves is £122,444.

Transactions and financial position:

The Statement of Financial Activities shows income for the year of £79,909, expenditure of £89,345 resulting in a deficit of £9,436. The balance of the accumulated fund stands at £171,505 in total consisting of £49,000 designated funds, £73,444 general unrestricted funds and £49,061 restricted funds. Trustees maintained their intention to reduce any operating deficit through the strategy of growing services and income.

Investment:

Under the Memorandum and Articles of Association, Black Country Mental Health has the power to make any investment which the Trustees see fit. To maximize the investment opportunity on monies held in Black Country Mental Health's bank accounts a fixed interest account has been operating throughout the year with Handelsbanken through a 35-day notice account. This arrangement ensures the highest level of interest reconcilable with ease of access to funds is achieved which is monitored monthly.

Risk management:

The Board has instituted and maintains a Charity Risk Assessment of the major strategic and operational risks that they face, identifying risk factors, their likelihood and impact, and control procedures to limit risk. The assessment is reviewed and updated as necessary annually by the Board. Risk management is an on-going process and particular attention is paid to those few aspects that are identified as having a higher likelihood and/or impact. Operational Risk is managed using our risk assessment and risk management tools as well as our Health and Safety documentation which is regularly reviewed by the Board. All serious incidents are reported periodically to the Board.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

Plans for the future:

The Board recognises that diversification of income is imperative and some progress has been made in this area. Increased effort in promoting mental health training to both the public and private sectors has begun to show reward and our name is now more widely recognised in this area. We are proud to have been adopted by several local companies as their charity partner and this has led to further enquiries for training. Interest is being shown in supporting the charity from various sectors as mental health becomes more openly discussed. There is no doubt that the future continues to be challenging, but there are encouraging signs that the efforts being made by all involved with Black Country Mental Health are now showing returns.

Then work with Black Country CAMHS supporting children and young people with their parents will continue into the new financial year.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2024**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Black Country Mental Health is a charitable company limited by guarantee. When incorporated as Dudley Mind in 1990, it took over the functions, properties and liabilities of a charity registered in 1976, known as the Dudley Association for Mental Health. Black Country Mental Health is governed by its Memorandum and Articles of Association as revised in 1997.

Board of Management ("The Board")

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Mr K Parsons

Mr D Tyler

Mr A Walsh

Ms F J Lucas

Mr M Khan

Ms L Perry

Mr D P Marsh

Mr A Houry

Ms H Harris

Every year one third of the members retire from office; the members so retiring shall be those who have been longest in office since their last election. All retiring members shall be eligible for re-election subject to certain provisions as set out in Rule 43 a) & b) of the Articles of Association.

In the appointment of members, the Board is very mindful of the need to maintain a broad cross section of professional skills and life experience relevant to its duties and obligations. Induction and training of new members is based on individual needs but will always include familiarization with Black Country Mental Health's activities. Prior to appointment on the vote of board members, all potential new members are required to meet the Chair, Vice-Chair and/or Chief Executive to establish that there are no disqualifying conditions, that there is a genuine desire to help and contribute to the organisation and that the obligations and "duty of care" of a director and trustee are fully understood and accepted. Service users and ex-service users who can meet the criteria are sought after as members.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organizational structure and related parties:

Management of the day-to-day operational duties, service provision, staff management is delegated to the Chief Executive. The freedom to act allowed by this delegation may be circumscribed in some areas, for example the company has prescribed financial regulations governing spending limits.

Staffing:

Staff continues to be both the organization's greatest asset and its greatest expense. They have continued to show great dedication to their work in improving mental health despite an uncertain funding climate. All staff members receive support from their line manager. Training is provided as identified for specific job roles including data protection (GDPR).

The trustees' report was approved by the Board of Trustees.

Approved by order of the board of trustees on 24 September 2024 and signed on its behalf by:

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

The trustees' report was approved by the Board of Trustees.

Approved by order of the board of trustees on 10 October 2024 and signed on its behalf by:

Mr D R Tyler - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BLACK COUNTRY MENTAL HEALTH**

Independent examiner's report to the trustees of Black Country Mental Health ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nigel Meredith
The Institute of Chartered Accountants in England and Wales

Folkes Worton LLP
15-17 Church Street
Stourbridge
West Midlands
DY8 1LU

10 October 2024

BLACK COUNTRY MENTAL HEALTH**STATEMENT OF FINANCIAL ACTIVITIES**
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	67,879	8,528	76,407	104,632
Other trading activities	3	152	-	152	1,234
Investment income	4	<u>3,350</u>	<u>-</u>	<u>3,350</u>	<u>1,113</u>
Total		<u>71,381</u>	<u>8,528</u>	<u>79,909</u>	<u>106,979</u>
EXPENDITURE ON					
Charitable activities	5				
Charitable activities		<u>79,182</u>	<u>10,163</u>	<u>89,345</u>	<u>106,787</u>
NET INCOME/(EXPENDITURE)		(7,801)	(1,635)	(9,436)	192
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>130,245</u>	<u>50,696</u>	<u>180,941</u>	<u>180,749</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>122,444</u></u>	<u><u>49,061</u></u>	<u><u>171,505</u></u>	<u><u>180,941</u></u>

The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH

BALANCE SHEET

31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	11	-	49,061	49,061	50,696
CURRENT ASSETS					
Debtors	12	15,398	-	15,398	3,100
Cash at bank and in hand		<u>137,628</u>	<u>-</u>	<u>137,628</u>	<u>172,698</u>
		153,026	-	153,026	175,798
CREDITORS					
Amounts falling due within one year	13	<u>(28,332)</u>	<u>-</u>	<u>(28,332)</u>	<u>(18,074)</u>
NET CURRENT ASSETS		<u>124,694</u>	<u>-</u>	<u>124,694</u>	<u>157,724</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		124,694	49,061	173,755	208,420
CREDITORS					
Amounts falling due after more than one year	14	<u>(2,250)</u>	<u>-</u>	<u>(2,250)</u>	<u>(27,479)</u>
NET ASSETS		<u>122,444</u>	<u>49,061</u>	<u>171,505</u>	<u>180,941</u>
FUNDS	16				
Unrestricted funds				122,444	130,245
Restricted funds				<u>49,061</u>	<u>50,696</u>
TOTAL FUNDS				<u>171,505</u>	<u>180,941</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH

BALANCE SHEET - continued
31 MARCH 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 10 October 2024 and were signed on its behalf by:

Mr D R Tyler - Trustee

The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31 MARCH 2024**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost, net of depreciation and any impairment losses.

The trustees have adopted a policy whereby fixed assets costing less than £500 are not capitalised.

Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Land and buildings	Over the term of the lease
Leasehold property improvements	10% p.a. straight line basis
Fixtures, fittings & equipment	12.5% p.a. straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

Taxation

The charity is exempt from corporation tax on its charitable activities.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Gifts	2	(1)
Donations	32,947	35,267
Other income	<u>43,458</u>	<u>69,366</u>
	<u>76,407</u>	<u>104,632</u>

3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Fundraising events	<u>152</u>	<u>1,234</u>

4. INVESTMENT INCOME

	2024	2023
	£	£
Other participating interests	<u>3,350</u>	<u>1,113</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 6) £	Totals £
Charitable activities	<u>87,074</u>	<u>2,271</u>	<u>89,345</u>

6. SUPPORT COSTS

	Finance £	Governance costs £	Totals £
Charitable activities	<u>2,146</u>	<u>125</u>	<u>2,271</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation - owned assets	<u>1,635</u>	<u>1,636</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

9. STAFF COSTS

	2024 £	2023 £
Wages and salaries	60,137	85,627
Social security costs	16	(5)
Other pension costs	<u>443</u>	<u>741</u>
	<u>60,596</u>	<u>86,363</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

9. STAFF COSTS - continued

The average monthly number of employees during the year was as follows:

	2024	2023
Charitable activities	1	3
Management and admin	<u>2</u>	<u>2</u>
	<u><u>3</u></u>	<u><u>5</u></u>

There were no employees whose annual remuneration was £60,000 or more

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	85,954	18,678	104,632
Other trading activities	1,234	-	1,234
Investment income	<u>1,113</u>	<u>-</u>	<u>1,113</u>
Total	<u><u>88,301</u></u>	<u><u>18,678</u></u>	<u><u>106,979</u></u>
EXPENDITURE ON			
Charitable activities			
Charitable activities	<u>86,474</u>	<u>20,313</u>	<u>106,787</u>
NET INCOME/(EXPENDITURE)	1,827	(1,635)	192
RECONCILIATION OF FUNDS			
Total funds brought forward	128,417	52,332	180,749
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS CARRIED FORWARD	<u><u>130,244</u></u>	<u><u>50,697</u></u>	<u><u>180,941</u></u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

11. TANGIBLE FIXED ASSETS

	Freehold property £	Long leasehold £	Fixtures and fittings £	Totals £
COST				
At 1 April 2023 and 31 March 2024	<u>81,768</u>	<u>40,354</u>	<u>54,643</u>	<u>176,765</u>
DEPRECIATION				
At 1 April 2023	31,072	40,354	54,643	126,069
Charge for year	<u>1,635</u>	<u>-</u>	<u>-</u>	<u>1,635</u>
At 31 March 2024	<u>32,707</u>	<u>40,354</u>	<u>54,643</u>	<u>127,704</u>
NET BOOK VALUE				
At 31 March 2024	<u>49,061</u>	<u>-</u>	<u>-</u>	<u>49,061</u>
At 31 March 2023	<u>50,696</u>	<u>-</u>	<u>-</u>	<u>50,696</u>

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade debtors	11,925	2,220
Prepayments	<u>3,473</u>	<u>880</u>
	<u>15,398</u>	<u>3,100</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Bank loans and overdrafts (see note 15)	27,382	16,276
Trade creditors	4	1,064
Social security and other taxes	946	734
	<u>28,332</u>	<u>18,074</u>

14. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2024	2023
	£	£
Accruals and deferred income	<u>2,250</u>	<u>27,479</u>

15. LOANS

An analysis of the maturity of loans is given below:

	2024	2023
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u>27,382</u>	<u>16,276</u>

16. MOVEMENT IN FUNDS

	At 1/4/23	Net movement in funds	At 31/3/24
	£	£	£
Unrestricted funds			
General fund	81,245	(7,801)	73,444
Designated Fund	<u>49,000</u>	<u>-</u>	<u>49,000</u>
	130,245	(7,801)	122,444
Restricted funds			
Property Fund	<u>50,696</u>	<u>(1,635)</u>	<u>49,061</u>
	<u>180,941</u>	<u>(9,436)</u>	<u>171,505</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	68,953	(76,754)	(7,801)
Get Set To Go	<u>2,428</u>	<u>(2,428)</u>	<u>-</u>
	71,381	(79,182)	(7,801)
Restricted funds			
Property Fund	-	(1,635)	(1,635)
Marathon	4,500	(4,500)	-
Fisher Trust Garden	187	(187)	-
Fisher Trust Children	54	(54)	-
Finnis Scott	2,187	(2,187)	-
Edward Cadbury	<u>1,600</u>	<u>(1,600)</u>	<u>-</u>
	<u>8,528</u>	<u>(10,163)</u>	<u>(1,635)</u>
TOTAL FUNDS	<u><u>79,909</u></u>	<u><u>(89,345)</u></u>	<u><u>(9,436)</u></u>

Comparatives for movement in funds

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	70,417	1,828	9,000	81,245
Designated Fund	<u>58,000</u>	<u>-</u>	<u>(9,000)</u>	<u>49,000</u>
	128,417	1,828	-	130,245
Restricted funds				
Property Fund	52,332	(1,636)	-	50,696
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u><u>180,749</u></u>	<u><u>192</u></u>	<u><u>-</u></u>	<u><u>180,941</u></u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	85,660	(83,832)	1,828
Get Set To Go	<u>2,641</u>	<u>(2,641)</u>	<u>-</u>
	88,301	(86,473)	1,828
Restricted funds			
Property Fund	(1)	(1,635)	(1,636)
Mind	7,000	(7,000)	-
Marathon	4,500	(4,500)	-
Deaf Community	3,880	(3,880)	-
Leeds Building Society	160	(160)	-
Marks and Spencer	2,175	(2,175)	-
Fisher Trust Garden	594	(594)	-
Fisher Trust Children	185	(185)	-
ASDA Children	<u>185</u>	<u>(185)</u>	<u>-</u>
	<u>18,678</u>	<u>(20,314)</u>	<u>(1,636)</u>
TOTAL FUNDS	<u><u>106,979</u></u>	<u><u>(106,787)</u></u>	<u><u>192</u></u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/24 £
Unrestricted funds				
General fund	70,417	(5,973)	9,000	73,444
Designated Fund	<u>58,000</u>	<u>-</u>	<u>(9,000)</u>	<u>49,000</u>
	128,417	(5,973)	-	122,444
Restricted funds				
Property Fund	52,332	(3,271)	-	49,061
	<u>52,332</u>	<u>(3,271)</u>	<u>-</u>	<u>49,061</u>
TOTAL FUNDS	<u><u>180,749</u></u>	<u><u>(9,244)</u></u>	<u><u>-</u></u>	<u><u>171,505</u></u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	154,613	(160,586)	(5,973)
Get Set To Go	<u>5,069</u>	<u>(5,069)</u>	<u>-</u>
	159,682	(165,655)	(5,973)
Restricted funds			
Property Fund	(1)	(3,270)	(3,271)
Mind	7,000	(7,000)	-
Marathon	9,000	(9,000)	-
Deaf Community	3,880	(3,880)	-
Leeds Building Society	160	(160)	-
Marks and Spencer	2,175	(2,175)	-
Fisher Trust Garden	781	(781)	-
Fisher Trust Children	239	(239)	-
ASDA Children	185	(185)	-
Finnis Scott	2,187	(2,187)	-
Edward Cadbury	<u>1,600</u>	<u>(1,600)</u>	<u>-</u>
	<u>27,206</u>	<u>(30,477)</u>	<u>(3,271)</u>
TOTAL FUNDS	<u><u>186,888</u></u>	<u><u>(196,132)</u></u>	<u><u>(9,244)</u></u>

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

BLACK COUNTRY MENTAL HEALTH

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

	2024	2023
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	2	(1)
Donations	32,947	35,267
Other income	<u>43,458</u>	<u>69,366</u>
	76,407	104,632
Other trading activities		
Fundraising events	152	1,234
Investment income		
Other participating interests	<u>3,350</u>	<u>1,113</u>
Total incoming resources	79,909	106,979
EXPENDITURE		
Charitable activities		
Wages	60,137	85,627
Social security	16	(5)
Pensions	443	741
Rates and water	-	(3,456)
Insurance	1,265	2,144
Telephone	2,414	3,410
Postage and stationery	841	1,345
Sundries	21,655	14,446
Travelling	<u>303</u>	<u>97</u>
	87,074	104,349
Support costs		
Finance		
Bank charges	511	485
Freehold property	<u>1,635</u>	<u>1,635</u>
	2,146	2,120

This page does not form part of the statutory financial statements

BLACK COUNTRY MENTAL HEALTH

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

	2024	2023
	£	£
Finance		
Governance costs		
Accountancy and legal fees	<u>125</u>	<u>318</u>
Total resources expended	<u>89,345</u>	<u>106,787</u>
Net (expenditure)/income	<u>(9,436)</u>	<u>192</u>

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