

REGISTERED COMPANY NUMBER: 02533622 (England and Wales)
REGISTERED CHARITY NUMBER: 1002257

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023
FOR
BLACK COUNTRY MENTAL HEALTH

Folkes Worton LLP
15-17 Church Street
Stourbridge
West Midlands
DY8 1LU

BLACK COUNTRY MENTAL HEALTH

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FOR THE YEAR ENDED 31 MARCH 2023

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BLACK COUNTRY MENTAL HEALTH

REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MARCH 2023

TRUSTEES	Ms H Harris Company Director (appointed 9/6/2022) Mr M B Khan Motor Mechanic Ms F J Lucas Self Employed Mr P D Marsh Enterprise Architect Mr K Parsons Unemployed Ms L Perry University Outreach Advisor Mr D R Tyler Retired Mr A J Walsh Service User Mr A Khoury (appointed 9/6/2022)
REGISTERED OFFICE	The Hub Bushey Fields Hospital Site Bushey Fields Road Dudley West Midlands DY1 2LZ
REGISTERED COMPANY NUMBER	02533622 (England and Wales)
REGISTERED CHARITY NUMBER	1002257
INDEPENDENT EXAMINER	Folkes Worton LLP 15-17 Church Street Stourbridge West Midlands DY8 1LU
BANKERS	Handelsbanken Ground Floor, 2 Trinity Court, Broadlands, Wolverhampton WV10 6UH
SOLICITORS	FBC Manby Bowdler 6-10 George Street Wolverhampton WV2 4DN

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2023**

The trustees present their report and accounts for the year ended 31 March 2023.

The legal and administrative information forms part of this report.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of Black Country Mental Health are 'to promote the preservation and maintenance of good mental health as well as assisting with the recovery of and providing support for those people experiencing emotional or mental distress in the Black Country (The Metropolitan Boroughs of Dudley, Sandwell Walsall and Wolverhampton) and such other areas from time to time determined by the Board of Management'.

Black Country Mental Health may from time to time seek grants and loans to finance capital purchases and fund specific activities, accept donations, sponsorship fees, subscriptions, legacies and bequests.

Organisational Management

This is delegated to the Chief Executive who reports to the board of trustees at each meeting.

The Team

There is only one team at Black Country Mental Health which comprises a small number of paid staff and all the volunteers who without which we could not have developed to the extent we have.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2023**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

In setting our objectives and planning our activities the Trustees have given careful consideration to the duty in Section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit.

In order to achieve its objectives Black Country Mental Health's activities and who it benefits may be categorised as follows;

Recovery Activities: These may be provided from time to time in the form of arts, crafts, poetry and drop in provision for social interaction.

Peer Mentoring/Self Help groups: Have taken place throughout the past financial year facilitated by staff together with volunteers. These groups offer mutual support and the sharing of coping strategies in a confidential safe environment. People are able to attend as and when they feel they need the support. The female trauma group in particular has proved to be beneficial to many. During this financial year we have started a group in Sandwell at one of the foodbanks and worked with a refuge to provide a regular group there.

Workplace Wellbeing: We have continued to deliver training in the form of the Mental Health First Aid and the i-act courses as well as general mental health awareness to a number of organisations and individuals. We are also working with some companies to promote mental health support by being available at their workplace for staff to access.

Horticultural Project: This project is now completely managed and operated by volunteers. It continues to be a source of support to manage mental health by being involved in outdoor exercise and also to be able to socialize with others whilst maintaining the walled garden at Stevens Park Wollescote. During the year two of the volunteers were successful in gaining fulltime employment with Dudley Council.

Jolly Joggers: Remains a popular couch to 5k activity which is conducted over a 12 week period with qualified and experienced volunteers in West Park, Wolverhampton.

Bereavement and Grief Counselling: Since the inception of this service we have received many self referrals as well as people being passed to us through Talking Therapies and the Perinatal mental health services. The service has also supported several people who have been bereaved through suicide.

Schools and Colleges: During the year we have promoted the Wellbeing Warriors training for pupils from years 4 and 5. This has enabled pupils to work in liaison with teaching staff to support their peers when they are feeling anxious or upset. Black Country Mental Health have also worked with Dudley College providing small short sessions around mental health.

We are still supporting the Wellbeing Collaborative with delivering their anxiety programme into schools.

Support Line: Since Covid-19 we have reduced the times of this. Calls are significantly reduced, however we are receiving more calls on the office telephone number out of hours now. Despite other services being in place we still have a lot of people who see us as the organization for support.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2023**

FINANCIAL REVIEW

Financial position

Sources of funding:

During the year, the main sources of funding were derived from Training provision, Donations and Fundraising and support from a number of local companies.

Premises:

The charity has found that the move back to the building on the Bushey Fields Hospital site has enabled the organisation to be more accessible to a wider number of people, provide a better access point by public transport and allow a better service to be provided whilst also enhancing opportunities to develop income streams. The move is hoped to improve our contacts and liaison with the NHS Trust and other Mental Health statutory providers.

Designated funds:

In 2022/2023 the designated fund was reviewed and it was decided that a more accurate figure for designated reserves was £49,000 (2022: £49,000).

Reserves:

The Trustees hold the view that a minimum of six months' salaries and operating overheads should be maintained so that any reduction in funding brought about by political change or otherwise would not have an immediate effect on the services of the charity. Under this policy and taking into account redundancy and termination costs in 2022/23 we will require a level of reserves of approximately £49,000 whilst the actual level of unrestricted reserves is £131,880.

Transactions and financial position:

The Statement of Financial Activities shows income for the year of £106,980, expenditure of £106,787 resulting in a surplus of £193. The balance of the accumulated fund stands at £180,749 in total consisting of £49,000 designated funds, £82,880 general unrestricted funds and £49,061 restricted funds. Trustees maintained their intention to reduce any operating deficit through the strategy of growing services and income.

Investment:

Under the Memorandum and Articles of Association, Black Country Mental Health has the power to make any investment which the Trustees see fit. To maximize the investment opportunity on monies held in Black Country Mental Health's bank accounts a fixed interest account has been operating throughout the year with Handelsbanken through a 35-day notice account. This arrangement ensures the highest level of interest reconcilable with ease of access to funds is achieved which is monitored monthly.

Risk management:

The Board has instituted and maintains a Charity Risk Assessment of the major strategic and operational risks that they face, identifying risk factors, their likelihood and impact, and control procedures to limit risk. The assessment is reviewed and updated as necessary annually by the Board. Risk management is an on-going process and particular attention is paid to those few aspects that are identified as having a higher likelihood and/or impact. Operational Risk is managed using our risk assessment and risk management tools as well as our Health and Safety documentation which is regularly reviewed by the Board. All serious incidents are reported periodically to the Board.

Plans for the future:

The Board recognises that diversification of income is imperative and some progress has been made in this area. Increased effort in promoting mental health training to both the public and private sectors has begun to show reward and our name is now more widely recognised in this area. We are proud to have been adopted by several local companies as their charity partner and this has led to further enquiries for training. Interest is being shown in supporting the charity from various sectors as mental health becomes more openly discussed. There is no doubt that the future continues to be challenging, but there are encouraging signs that the efforts being made by all involved with Black Country Mental Health are now showing returns.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Black Country Mental Health is a charitable company limited by guarantee. When incorporated as Dudley Mind in 1990, it took over the functions, properties and liabilities of a charity registered in 1976, known as the Dudley Association for Mental Health. Black Country Mental Health is governed by its Memorandum and Articles of Association as revised in 1997.

Board of Management ("The Board")

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Mr K Parsons
Mr D Tyler
Mr A Walsh
Ms F J Lucas
Mr M Khan
Ms L Perry
Mr D P Marsh
Mr A Khoury
Ms H Harris

Every year one third of the members retire from office; the members so retiring shall be those who have been longest in office since their last election. All retiring members shall be eligible for re-election subject to certain provisions as set out in Rule 43 a) & b) of the Articles of Association.

In the appointment of members, the Board is very mindful of the need to maintain a broad cross section of professional skills and life experience relevant to its duties and obligations. Induction and training of new members is based on individual needs but will always include familiarization with Black Country Mental Health's activities. Prior to appointment on the vote of board members, all potential new members are required to meet the Chair, Vice-Chair and/or Chief Executive to establish that there are no disqualifying conditions, that there is a genuine desire to help and contribute to the organisation and that the obligations and "duty of care" of a director and trustee are fully understood and accepted. Service users and ex-service users who can meet the criteria are sought after as members.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organizational structure and related parties:

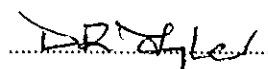
Management of the day-to-day operational duties, service provision, staff management is delegated to the Chief Executive. The freedom to act allowed by this delegation may be circumscribed in some areas, for example the company has prescribed financial regulations governing spending limits.

Staffing:

Staff continues to be both the organization's greatest asset and its greatest expense. They have continued to show great dedication to their work in improving mental health despite an uncertain funding climate. All staff members receive support from their line manager. Training is provided as identified for specific job roles including data protection (GDPR).

The trustees' report was approved by the Board of Trustees.

Approved by order of the board of trustees on 12-10-2023 and signed on its behalf by:


.....

Mr D R Tyler - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BLACK COUNTRY MENTAL HEALTH**

Independent examiner's report to the trustees of Black Country Mental Health ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nigel Meredith
The Institute of Chartered Accountants in England and Wales

Folkes Worton LLP
15-17 Church Street
Stourbridge
West Midlands
DY8 1LU

Date:19.10.2023.....

BLACK COUNTRY MENTAL HEALTH

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	85,954	18,679	104,633	72,939
Other trading activities	3	1,234	-	1,234	974
Investment income	4	<u>1,113</u>	<u>-</u>	<u>1,113</u>	<u>45</u>
Total		<u>88,301</u>	<u>18,679</u>	<u>106,980</u>	<u>73,958</u>
EXPENDITURE ON					
Charitable activities	5				
Charitable activities		<u>86,474</u>	<u>20,313</u>	<u>106,787</u>	<u>125,238</u>
NET INCOME/(EXPENDITURE)		1,827	(1,634)	193	(51,280)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>130,052</u>	<u>50,696</u>	<u>180,748</u>	<u>232,029</u>
TOTAL FUNDS CARRIED FORWARD		<u>131,879</u>	<u>49,062</u>	<u>180,941</u>	<u>180,749</u>

Surplus and Deficit Account 968

Posting discrepancies were found in the reserve accounts listed below. This is because the brought forward postings in the current year are not equal to the figures carried forward by IRIS at the end of last year. Please check your postings in the brought forward account for the surplus and deficit account 968.

	Unrestricted funds £	Restricted funds £	Total funds £
Brought forward - 968/1	130,052	50,696	180,748
Carried forward	<u>128,411</u>	<u>52,338</u>	<u>180,749</u>
Difference	<u>(1,641)</u>	<u>1,642</u>	<u>1</u>

Post to relevant accounts (see ICHA chart of accounts for further details)

The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH**BALANCE SHEET**
31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	11	-	50,696	50,696	52,332
CURRENT ASSETS					
Debtors	12	3,100	-	3,100	3,800
Cash at bank and in hand		<u>156,422</u>	-	<u>156,422</u>	<u>175,392</u>
		159,522	-	159,522	179,192
CREDITORS					
Amounts falling due within one year	13	(1,798)	-	(1,798)	(10,196)
NET CURRENT ASSETS		<u>157,724</u>	-	<u>157,724</u>	<u>168,996</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		157,724	50,696	208,420	221,328
CREDITORS					
Amounts falling due after more than one year	14	(27,479)	-	(27,479)	(40,579)
NET ASSETS		<u>130,245</u>	<u>50,696</u>	<u>180,941</u>	<u>180,749</u>
FUNDS	15				
Unrestricted funds				131,880	128,411
Restricted funds				<u>49,061</u>	<u>52,338</u>
TOTAL FUNDS				<u>180,941</u>	<u>180,749</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

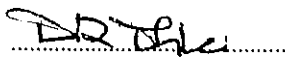
The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH

BALANCE SHEET - continued
31 MARCH 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12.10.2023 and were signed on its behalf by:


.....
Mr D R Tyler - Trustee

The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost, net of depreciation and any impairment losses.

The trustees have adopted a policy whereby fixed assets costing less than £500 are not capitalised.

Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Land and buildings	Over the term of the lease
Leasehold property improvements	10% p.a. straight line basis
Fixtures, fittings & equipment	12.5% p.a. straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES - continued

Fund accounting

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	35,267	42,412
Other income	<u>69,366</u>	<u>30,527</u>
	<u>104,633</u>	<u>72,939</u>

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Fundraising events	<u>1,234</u>	<u>974</u>

4. INVESTMENT INCOME

	2023	2022
	£	£
Other participating interests	<u>1,113</u>	<u>45</u>

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 6) £	Totals £
Charitable activities	<u>104,349</u>	<u>2,438</u>	<u>106,787</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

6. SUPPORT COSTS

	Finance	Governance costs	Totals
	£	£	£
Charitable activities	<u>2,120</u>	<u>318</u>	<u>2,438</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	<u>1,636</u>	<u>1,635</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

9. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	85,627	90,084
Social security costs	(5)	1,564
Other pension costs	<u>741</u>	<u>832</u>
	<u>86,363</u>	<u>92,480</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Charitable activities	3	3
Management and admin	<u>2</u>	<u>2</u>
	<u>5</u>	<u>5</u>

There were no employees whose annual remuneration was £60,000 or more.

BLACK COUNTRY MENTAL HEALTH**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	48,342	24,597	72,939
Other trading activities	974	-	974
Investment income	45	-	45
Total	49,361	24,597	73,958
EXPENDITURE ON			
Charitable activities			
Charitable activities	99,006	26,232	125,238
NET INCOME/(EXPENDITURE)	(49,645)	(1,635)	(51,280)
RECONCILIATION OF FUNDS			
Total funds brought forward	178,056	53,973	232,029
TOTAL FUNDS CARRIED FORWARD	128,411	52,338	180,749

11. TANGIBLE FIXED ASSETS

	Freehold property £	Long leasehold £	Fixtures and fittings £	Totals £
COST				
At 1 April 2022 and 31 March 2023	81,768	40,354	54,643	176,765
DEPRECIATION				
At 1 April 2022	29,436	40,354	54,643	124,433
Charge for year	1,636	-	-	1,636
At 31 March 2023	31,072	40,354	54,643	126,069
NET BOOK VALUE				
At 31 March 2023	50,696	-	-	50,696
At 31 March 2022	52,332	-	-	52,332

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2023	2022
		£	£
Trade debtors		2,220	2,525
Prepayments		<u>880</u>	<u>1,275</u>
		<u>3,100</u>	<u>3,800</u>
13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2023	2022
		£	£
Trade creditors		1,064	1,845
Social security and other taxes		734	1,039
Accruals and deferred income		<u>-</u>	<u>7,312</u>
		<u>1,798</u>	<u>10,196</u>
14. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR		2023	2022
		£	£
Accruals and deferred income		<u>27,479</u>	<u>40,579</u>
15. MOVEMENT IN FUNDS			
		Net	
	At 1/4/22	movement	At
	£	in funds	31/3/23
		£	£
Unrestricted funds			
General fund	81,052	1,828	82,880
Designated Fund	<u>49,000</u>	<u>-</u>	<u>49,000</u>
	130,052	1,828	131,880
Restricted funds			
Property Fund	50,696	(1,635)	49,061
	<u>180,748</u>	<u>193</u>	<u>180,941</u>

BLACK COUNTRY MENTAL HEALTH**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****15. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	85,660	(83,832)	1,828
Get Set To Go	<u>2,641</u>	<u>(2,641)</u>	-
	88,301	(86,473)	1,828
Restricted funds			
Property Fund	-	(1,635)	(1,635)
Mind	7,000	(7,000)	-
Marathon	4,500	(4,500)	-
Deaf Community	3,880	(3,880)	-
Leeds Building Society	160	(160)	-
Marks and Spencer	2,175	(2,175)	-
Fisher Trust Garden	594	(594)	-
Fisher Trust Children	185	(185)	-
ASDA Children	<u>185</u>	<u>(185)</u>	-
	<u>18,679</u>	<u>(20,314)</u>	<u>(1,635)</u>
TOTAL FUNDS	<u>106,980</u>	<u>(106,787)</u>	<u>193</u>

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	109,556	(49,645)	10,500	70,411
Designated Fund	<u>68,500</u>	-	<u>(10,500)</u>	<u>58,000</u>
	178,056	(49,645)	-	128,411
Restricted funds				
Property Fund	53,973	(1,635)	-	52,338
	<u>53,973</u>	<u>(1,635)</u>	<u>-</u>	<u>52,338</u>
TOTAL FUNDS	<u>232,029</u>	<u>(51,280)</u>	<u>-</u>	<u>180,749</u>

BLACK COUNTRY MENTAL HEALTH**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****15. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	49,361	(99,006)	(49,645)
Restricted funds			
Property Fund	-	(1,635)	(1,635)
Dudley Active Minds	7,796	(7,796)	-
Morrisons	711	(711)	-
Mind	523	(523)	-
Marathon	4,226	(4,226)	-
Police Fund	1,256	(1,256)	-
Deaf Community	1,120	(1,120)	-
WM Project	508	(508)	-
Leeds Building Society	540	(540)	-
H Porter	250	(250)	-
Mentor-Burton Mind	617	(617)	-
Marks and Spencer	1,825	(1,825)	-
Kathleen Allen	5,225	(5,225)	-
	<u>24,597</u>	<u>(26,232)</u>	<u>(1,635)</u>
TOTAL FUNDS	<u>73,958</u>	<u>(125,238)</u>	<u>(51,280)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	109,556	(47,817)	10,500	72,239
Designated Fund	<u>68,500</u>	<u>-</u>	<u>(10,500)</u>	<u>58,000</u>
	178,056	(47,817)	-	130,239
Restricted funds				
Property Fund	53,973	(3,270)	-	50,703
	<u>53,973</u>	<u>(3,270)</u>	<u>-</u>	<u>50,703</u>
TOTAL FUNDS	<u>232,029</u>	<u>(51,087)</u>	<u>-</u>	<u>180,942</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	135,021	(182,838)	(47,817)
Get Set To Go	<u>2,641</u>	<u>(2,641)</u>	<u>-</u>
	137,662	(185,479)	(47,817)
Restricted funds			
Property Fund	-	(3,270)	(3,270)
Dudley Active Minds	7,796	(7,796)	-
Morrisons	711	(711)	-
Mind	7,523	(7,523)	-
Marathon	8,726	(8,726)	-
Police Fund	1,256	(1,256)	-
Deaf Community	5,000	(5,000)	-
WM Project	508	(508)	-
Leeds Building Society	700	(700)	-
H Porter	250	(250)	-
Mentor-Burton Mind	617	(617)	-
Marks and Spencer	4,000	(4,000)	-
Kathleen Allen	5,225	(5,225)	-
Fisher Trust Garden	594	(594)	-
Fisher Trust Children	185	(185)	-
ASDA Children	<u>185</u>	<u>(185)</u>	<u>-</u>
	<u>43,276</u>	<u>(46,546)</u>	<u>(3,270)</u>
TOTAL FUNDS	<u>180,938</u>	<u>(232,025)</u>	<u>(51,087)</u>

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

BLACK COUNTRY MENTAL HEALTH

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	35,267	42,412
Other income	<u>69,366</u>	<u>30,527</u>
	104,633	72,939
Other trading activities		
Fundraising events	1,234	974
Investment income		
Other participating interests	<u>1,113</u>	<u>45</u>
Total incoming resources	106,980	73,958
EXPENDITURE		
Charitable activities		
Wages	85,627	90,084
Social security	(5)	1,564
Pensions	741	832
Rates and water	(3,456)	3,456
Insurance	2,144	2,431
Telephone	3,410	3,476
Postage and stationery	1,345	1,373
Sundries	14,446	14,174
Travelling	<u>97</u>	<u>1,466</u>
	104,349	118,856
Support costs		
Finance		
Bank charges	485	534
Freehold property	<u>1,635</u>	<u>1,635</u>
	2,120	2,169
Governance costs		
Accountancy and legal fees	<u>318</u>	<u>4,213</u>
Total resources expended	<u>106,787</u>	<u>125,238</u>
Net income/(expenditure)	193	(51,280)

This page does not form part of the statutory financial statements