

Charity Registration No. 1002257

Company Registration No. 02533622 (England and Wales)

BLACK COUNTRY MENTAL HEALTH
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

BLACK COUNTRY MENTAL HEALTH

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr K Parsons Mr D Tyler Mr A Walsh Ms F J Lucas Mr M Khan Ms L Perry Mr D P Marsh Mr A Khoury Ms H Harris	(Appointed 17 March 2022) (Appointed 9 June 2022) (Appointed 9 June 2022)
Charity number	1002257	
Company number	02533622	
Registered office	The Hub Bushey Fields Hospital Bushey Fields Road Dudley DY1 2LZ	
Independent examiner	Neal and Co Business Services Limited Shakespeare Buildings 26 Cradley Road Cradley Heath West Midlands B64 6AG	
Bankers	Handelsbanken 63 Market Place Stourbridge DY8 1AQ	
Solicitors	FBC Manby Bowdler 6-10 George Street Wolverhampton WV2 4DN	

BLACK COUNTRY MENTAL HEALTH

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BLACK COUNTRY MENTAL HEALTH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their report and accounts for the year ended 31 March 2022.

The legal and administrative information forms part of this report.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Objectives and activities

The objects of Dudley Mind were 'to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment primarily in the Metropolitan Borough Of Dudley, the Wyre Forest area and throughout the Black Country and such other additional areas from time to time determined by the Board of Management in association with Mind'.

A consultation meeting was held with members and a vote decided to leave the Mind Federation. On 1st September 2021 Dudley Mind became Black Country Mental Health, 'the objects for which the charity is established are to promote the preservation and maintenance of good mental health as well as assisting with the recovery of and providing support for those people experiencing emotional or mental distress in the Black Country (the Metropolitan Boroughs of Dudley, Sandwell, Walsall and Wolverhampton) and such other areas from time to time determined by the Board of Management.

Black Country Mental Health may from time to time seek grants and loans to finance capital purchases and fund specific activities, accept donations, sponsorship fees, subscriptions, legacies and bequests.

Achievements and performance

In setting our objectives and planning our activities the Trustees have given careful consideration to the duty in Section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit.

In order to achieve its objectives, Black Country Mental Health's activities and who it tries to benefit may be categorised as follows:

Recovery Activities may be provided from time to time in the form of arts, crafts, music and poetry groups together with the provision of social interaction.

Peer Mentoring/Self Help groups have taken place throughout the past financial year facilitated by staff together with volunteers who have direct experience of mental ill health. These groups offer mutual support and the opportunity to share coping strategies. Peer Mentoring has been proved to offer many benefits to those attending. There is no commitment to a certain amount of time and people can attend when they feel they need more support. The latter part of the financial year saw us start new services including a female only for victims of trauma and grief/bereavement support on a one to one and group basis.

Horticultural Project: The opportunity to combine gardening with mental health support has shown to have positive results and remains a service that is important to Black Country Mental Health offering the chance to grow vegetables for themselves and also improve and manage the walled garden at Steven Park, Wollescote.

Children and Young People: Over the past financial year we have had more contact with schools and colleges as well as individual children. We supported a project working with anxiety children in primary schools, The Happy Me Project, which has proved extremely successful in reducing instances of anxiety at home and in the school arena. We have also developed our Wellbeing Warriors programme training pupils in Primary Schools to recognise anxiety in their peers and be able to support them.

BLACK COUNTRY MENTAL HEALTH

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

Workplace Wellbeing: Black Country Mental Health continues to deliver training about mental health to a wide range of organisations and individuals. Where feasible trainers will have personal lived in experience of mental ill health. During the year there have been courses delivered to several public and private sector organisations through general mental health awareness training as well as delivery of the range of Mental Health First Aid Courses and the i-act for Managers course which is accredited by the Royal College of Psychiatrists. In addition, we have provided advice and support to businesses in developing a mental health strategy in the workplace to support employees.

COVID 19 Pandemic

Throughout the year we have continued to support people who contact us via our Support Line. There has particularly been an increase in males seeking help. Some of the people who contacted us in early days of Covid 19 have been supported throughout the 2021/2022 period by our volunteers who have been doing a fantastic job. The financial strain placed on families and our community has taken its toll and is increasing causing for more people to contact us.

Without that immediate response many people would have been struggling to find appropriate support at the most difficult times. The Trustees are rightly proud of the effort put in by our staff and volunteers. It has been a time when some statutory provision has not been available and the public have found it very difficult to obtain support.

Financial review

Sources of funding

During the year, the main sources of funding were derived from Training provision, Donations and Fundraising and support from a number of local companies.

Premises

The charity has found that the move back to the building on the Bushey Fields Hospital site has enabled the organisation to be more accessible to a wider number of people, provide a better access point by public transport and allow a better service to be provided whilst also enhancing opportunities to develop income streams. The move is hoped to improve our contacts and liaison with the NHS Trust and other Mental Health statutory providers.

Designated funds

In 2021/22 the designated fund was reviewed and it was decided that a more accurate figure for designated reserves was £58,000 (2021: £68,500).

Reserves

The Trustees hold the view that a minimum of six months' salaries and operating overheads should be maintained so that any reduction in funding brought about by political change or otherwise would not have an immediate effect on the services of the charity. Under this policy and taking into account redundancy and termination costs in 2021/22 we will require a level of reserves of approximately £58,000 whilst the actual level of unrestricted reserves is £128,411, of which £58,000 is designated.

Transactions and financial position

The Statement of Financial Activities shows income for the year of £73,958, expenditure of £125,238 resulting in a deficit of £51,280. The balance of the accumulated fund stands at £180,749 in total consisting of £58,000 designated funds, £70,411 general unrestricted funds and £52,338 restricted funds.

Trustees maintained their intention to reduce any operating deficit through the strategy of growing services and income.

BLACK COUNTRY MENTAL HEALTH

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

Investment

Under the Memorandum and Articles of Association, Black Country Mental Health has the power to make any investment which the trustees see fit.

To maximise the investment opportunity on monies held in Black Country Mental Health's bank accounts a fixed interest account has been operating throughout the year with Handelsbanken through a 35-day notice account. This arrangement ensures the highest level of interest reconcilable with ease of access to funds is achieved. This is monitored monthly.

Risk management

The Board has instituted and maintains a Charity Risk Assessment of the major strategic and operational risks that they face, identifying risk factors, their likelihood and impact, and control procedures to limit risk. The assessment is reviewed and updated as necessary annually by the Board.

Risk management is an on-going process and particular attention is paid to those few aspects that are identified as having a higher likelihood and/or impact.

Operational Risk is managed using our risk assessment and risk management tools as well as our Health and Safety documentation which is regularly reviewed by the Board. All serious incidents are reported periodically to the Board.

Plans for the future

The Board recognises that diversification of income is imperative and some progress has been made in this.

Increased effort in promoting mental health training to both the public and private sectors has begun to show rewards and our name is now more widely recognised in this area.

We are proud to have been adopted by several local companies as their charity partner and this has led to further enquiries for training. Interest is being shown in supporting the charity from various sectors as mental health becomes more openly discussed

There is no doubt that the future continues to be challenging, but there are encouraging signs that the efforts being made by all involved with Black Country Mental Health are now showing returns.

Structure, governance and management

Black Country Mental Health is a charitable company limited by guarantee. When incorporated as Dudley Mind in 1990, it took over the functions, properties and liabilities of a charity registered in 1976, known as the Dudley Association for Mental Health. Black Country Mental Health is governed by its Memorandum and Articles of Association as revised in 1997.

BLACK COUNTRY MENTAL HEALTH

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

Board of Management ("The Board")

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Ms J Braithwaite	(Resigned 13 October 2021)
Mr M Ball	(Resigned 13 October 2021)
Mr K Parsons	
Mr K Mandair	(Resigned 9 June 2022)
Mr D Tyler	
Mr A Walsh	
Ms F J Lucas	
Mr M Khan	
Ms L Perry	
Mr A Greeves	(Retired 3 May 2021)
Mr D P Marsh	(Appointed 17 March 2022)
Mr A Khoury	(Appointed 9 June 2022)
Ms H Harris	(Appointed 9 June 2022)

Every year one third of the members retire from office; the members so retiring shall be those who have been longest in office since their last election. All retiring members shall be eligible for re-election subject to certain provisos as set out in Rule 43 a) & b) of the Articles of Association.

In the appointment of members, the Board is very mindful of the need to maintain a broad cross section of professional skills and life experience relevant to its duties and obligations. Induction and training of new members is based on individual needs but will always include familiarisation with Black Country Mental Health's activities. Prior to appointment on the vote of board members, all potential new members are required to meet the Chair, Vice-Chair and/or Chief Executive to establish that there are no disqualifying conditions, that there is a genuine desire to help and contribute to the organisation and that the obligations and "duty of care" of a director and trustee are fully understood and accepted. Service users and ex-service users who can meet the criteria are sought after as members.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organisational structure and related parties

Management of the day-to-day operational duties, service provision, staff management is delegated to the Chief Executive. The freedom to act allowed by this delegation may be circumscribed in some areas, for example the company has prescribed financial regulations governing spending limits.

Staffing

Staff continues to be both the organisation's greatest asset and its greatest expense. They have continued to show great dedication to their work in improving mental health despite an uncertain funding climate.

All staff members receive support from their line manager. Training is provided as identified for specific job roles including data protection (GDPR).

Asset cover for funds

Note 18 sets out an analysis of the assets attributable to the various funds. These assets are sufficient to meet the charity's obligations on a fund by fund basis.

BLACK COUNTRY MENTAL HEALTH

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

The trustees' report was approved by the Board of Trustees.

.....
Mr D Tyler
Trustee
Dated:

BLACK COUNTRY MENTAL HEALTH

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF BLACK COUNTRY MENTAL HEALTH

I report on the accounts of the charity for the year ended 31 March 2022, which are set out on pages 7 to 17.

Respective responsibilities of trustees and examiner

The charity's trustees, who are also the directors of Black Country Mental Health for the purposes of company law, are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - (ii) to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities;have not been met or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Ian Marsh FCCA
Neal and Co Business Services Limited

The Association of Chartered Certified Accountants
Shakespeare Buildings
26 Cradley Road
Cradley Heath
West Midlands
B64 6AG

Dated:

BLACK COUNTRY MENTAL HEALTH

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
<u>Income and endowments from:</u>					
Donations and legacies	2	28,195	14,217	42,412	123,567
Charitable activities	3	-	10,380	10,380	20,396
Other trading activities	4	974	-	974	1,647
Investments	5	45	-	45	114
Other income	6	20,147	-	20,147	24,976
Total income		<u>49,361</u>	<u>24,597</u>	<u>73,958</u>	<u>170,700</u>
<u>Expenditure on:</u>					
Charitable activities	7	<u>99,006</u>	<u>26,232</u>	<u>125,238</u>	<u>148,781</u>
Net gains on investments	10	<u>-</u>	<u>-</u>	<u>-</u>	<u>(100)</u>
Net (expenditure)/income for the year/ Net movement in funds		<u>(49,645)</u>	<u>(1,635)</u>	<u>(51,280)</u>	<u>21,819</u>
Fund balances at 1 April 2021		<u>178,056</u>	<u>53,973</u>	<u>232,029</u>	<u>210,210</u>
Fund balances at 31 March 2022		<u><u>128,411</u></u>	<u><u>52,338</u></u>	<u><u>180,749</u></u>	<u><u>232,029</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

BLACK COUNTRY MENTAL HEALTH

BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Fixed assets					
Tangible assets	12		52,332		53,967
Current assets					
Debtors	13	3,799		9,375	
Cash at bank and in hand		175,392		245,455	
		<u>179,191</u>		<u>254,830</u>	
Creditors: amounts falling due within one year	14	<u>(10,195)</u>		<u>(17,209)</u>	
Net current assets			168,996		237,621
Total assets less current liabilities			221,328		291,588
Deferred income	15		<u>(40,579)</u>		<u>(59,559)</u>
Net assets			<u>180,749</u>		<u>232,029</u>
Income funds					
Restricted funds	16		52,338		53,973
<u>Unrestricted funds</u>					
Designated funds	17	58,000		68,500	
General unrestricted funds		<u>70,411</u>		<u>109,556</u>	
			<u>128,411</u>		<u>178,056</u>
			<u>180,749</u>		<u>232,029</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The trustees' responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The accounts were approved by the Trustees on

.....
Mr D Tyler
Trustee

Company Registration No. 02533622

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Charity information

Black Country Mental Health is a private company limited by guarantee incorporated in England and Wales. The registered office is The Hub, Bushey Fields Hospital, Bushey Fields Road, Dudley, DY1 2LZ.

1.1 Accounting convention

The accounts have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.5 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered. Such VAT is reported as part of the expenditure to which it relates.

- Charitable expenditure comprises those costs incurred by Dudley Mind in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of Dudley Mind and include the audit fees and costs linked to the strategic management of the charity.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Tangible fixed assets are stated at cost less depreciation. The trustees have adopted a policy whereby freehold land and buildings are included in the accounts at valuation. The trustees have adopted a policy of revaluing land and buildings every 5 years.

The trustees have adopted a policy whereby fixed assets costing less than £500 are not capitalised.

Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Land and buildings	Over the term of the lease
Leasehold property improvements	10% p.a. straight line basis
Fixtures, fittings & equipment	12.5% p.a. straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The following assets and liabilities are classified as financial instruments – debtors and creditors.

Debtors and creditors are measured at the undiscounted amount of cash or other consideration expected to be paid or received.

1.9 Retirement benefits

The pension costs charged in the accounts represent the contributions payable by the company during the year.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies (Continued)

1.10 Capital grants

Specific grants in connection with capital expenditure are credited to a restricted fund if the asset purchased is subject to restrictions as to its use.

A designated fixed asset fund is created for other fixed assets funded by unrestricted grants.

Depreciation on fixed assets funded by grants is charged against the corresponding restricted or designated fund.

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total 2022	Total 2021
	£	£	£	£
Donations and gifts	28,195	14,217	42,412	123,567
For the year ended 31 March 2021	<u>114,910</u>	<u>8,657</u>		<u>123,567</u>

3 Charitable activities

	2022 £	2021 £
Sales within charitable activities	<u>10,380</u>	<u>20,396</u>

4 Other trading activities

	2022 £	2021 £
Fundraising events	<u>974</u>	<u>1,647</u>

5 Investments

	2022 £	2021 £
Interest receivable	<u>45</u>	<u>114</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

6 Other income

	2022	2021
	£	£
Other income	20,147	24,976
	<u>20,147</u>	<u>24,976</u>

7 Charitable activities

	2022	2021
	£	£
Staff costs	86,919	92,931
Depreciation and impairment	1,635	1,635
Client services	33,501	51,032
	<u>122,055</u>	<u>145,598</u>
Share of governance costs (see note)	3,183	3,183
	<u>125,238</u>	<u>148,781</u>

Governance costs includes payments to the accountants of £3,183 (2021- £3,183) for the Independent Examination fees.

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

9 Employees

Number of employees

The average monthly number employees during the year was:

	2022 Number	2021 Number
Charitable activities	3	3
Management and admin	2	2
	<u>5</u>	<u>5</u>

Employment costs

	2022 £	2021 £
Wages and salaries	84,523	87,746
Social security costs	1,564	2,427
Other pension costs	832	2,758
	<u>86,919</u>	<u>92,931</u>

There were no employees whose annual remuneration was £60,000 or more.

10 Net gains/(losses) on investments

	2022 £	2021 £
Gain/(loss) on sale of investments	<u>-</u>	<u>(100)</u>

11 Taxation

Black Country Mental Health is a registered charity and is thus exempt from tax on income and capital gains to the extent that these are applied to its charitable objects.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

12 Tangible fixed assets

	Land and buildings	Leasehold property improvements	Fixtures, fittings & equipment	Total
	£	£	£	£
Cost				
At 1 April 2021	81,768	40,354	54,643	176,765
At 31 March 2022	81,768	40,354	54,643	176,765
Depreciation and impairment				
At 1 April 2021	27,801	40,354	54,643	122,798
Depreciation charged in the year	1,635	-	-	1,635
At 31 March 2022	29,436	40,354	54,643	124,433
Carrying amount				
At 31 March 2022	52,332	-	-	52,332
At 31 March 2021	53,967	-	-	53,967

The net book value of land and buildings of £52,332 (2021: £53,967) relates to a long leasehold property. In 2004 the legal title to the land passed to the Dudley Priority Health NHS Trust. The property is leased back to the charity at a peppercorn rent for fifty years. Should Dudley Priority Health NHS Trust, or its successor require the use of the property during the fifty years, compensation will be paid to Black Country Mental Health based on the number of years remaining on the lease.

13 Debtors

	2022	2021
	£	£
Amounts falling due within one year:		
Trade debtors	2,524	8,151
Other debtors	-	120
Prepayments and accrued income	1,275	1,104
	3,799	9,375

14 Creditors: amounts falling due within one year

	2022	2021
	£	£
Other taxation and social security	1,039	1,363
Trade creditors	1,844	8,415
Accruals and deferred income	7,312	7,431
	10,195	17,209

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

15 Deferred income

	2022 £	2021 £
Other deferred income	40,579	59,559

16 Restricted funds

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria, are charged to the fund. The charity has the following restricted funds:

	Balance at 1 April 2021 £	Movement in funds		Balance at 31 March 2022 £
		Incoming resources £	Resources expended £	
Property Fund	53,973	-	(1,635)	52,338
Dudley Active Minds	-	7,796	(7,796)	-
Morrisons	-	711	(711)	-
Mind	-	523	(523)	-
Marathon	-	4,226	(4,226)	-
Police Fund	-	1,256	(1,256)	-
Deaf Community	-	1,120	(1,120)	-
WM Project	-	508	(508)	-
Leeds Building Society	-	540	(540)	-
H Porter	-	250	(250)	-
Mentor - Burton Mind	-	617	(617)	-
Marks and Spencer	-	1,825	(1,825)	-
Kathleen Allen	-	5,225	(5,225)	-

Property Fund

This fund represents donations received for the purpose of purchasing land and buildings.

Dudley Active Minds

Funded by Postcode Lottery Fund, this initiative is to help people manage their mental wellbeing through music, horticulture, creative writing and physical activity.

Morrison's Foundation

A two year funding to provide mental health awareness in various forms to those operating within the voluntary sector and the wider community.

Mind

We had been using old IT equipment and were desperate to replenish this. Local Mind Associations were invited to apply for amounts of £5,000 to provide equipment during the lockdown in 2020.

From the amount we received we were able to purchase six laptops initially for staff. This grant made a big difference as previously any laptops we had were heavy and cumbersome.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

16 Restricted funds

(Continued)

Marathon

In 2019 a group of people ran the Birmingham half marathon for us. This was in response to the suicide of three of their friends. They specifically wanted the money to be used to offer support to others and we used money from this to extend the hours our support telephone service operated.

Police Fund

This was from the proceeds of crime and was used to provide equipment to support people attending hypnotherapy and mindfulness sessions. We were able to help with the support line costs and also purchase licences for delivering peer mentoring groups online.

Deaf Community

We were awarded some money specifically to work with this community who had experienced a lot of difficulties due to mask wearing and during lockdown. We facilitated a Deaf Talk group online with an interpreter. In addition we were able to train two deaf people as Mental Health First Aiders where they were able to join in discussions with other participants with the aid of an interpreter.

WM Project

This Money was donated to support our horticultural project at Wollescote Park.

Leeds Building Society

With the grant from them we were able to purchase a small greenhouse for the garden at The Hub, our main base and also some garden furniture to enable people we support to sit out and have discussions with staff or others.

H Porter – Funeral Directors

Donated an amount to help our work with children and young people. We have been able to use this to support young people who have been finding it difficult to reintegrate into school and college following restrictions.

Mentor – Burton Mind

Prior to leaving Mind we were involved in a project to support people in the workplace. This amount of money was a management fee to cover the input from one of the staff prior to us having to withdraw.

Marks and Spencer

This money was raised pre Covid and restricted to working with children and young people. Some of this has been utilized to train the Wellbeing Warriors and we have other schools who are interested in this programme.

Kathleen Allen

There was a small part of a legacy from the above given to us to support people in the Worcestershire area with their mental wellbeing. This has been done on a one to one basis through a staff member.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

17 Designated funds

The income funds of the charity include the following designated funds, which have been set aside out of unrestricted funds at the discretion of the trustees for specific, but not legally binding purposes:

	Movement in funds			Balance at 31 March 2022 £
	Balance at 1 April 2021 £	Transfers in £	Transfers out £	
Designated funds (growing services and income)	68,500	-	(10,500)	58,000
	<u>68,500</u>	<u>-</u>	<u>(10,500)</u>	<u>58,000</u>

18 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Fund balances at 31 March 2022 are represented by:			
Tangible assets	-	52,332	52,332
Current assets/(liabilities)	138,411	30,585	168,996
Provisions and deferred income	(10,000)	(30,579)	(40,579)
	<u>128,411</u>	<u>52,338</u>	<u>180,749</u>

19 Financial commitments, guarantees and contingent liabilities

There were no significant contingent liabilities at the balance sheet date (2021:£Nil)

20 Related party transactions

There were no disclosable related party transactions during the year (2021- none).