



Annual Report

April 2021 – March 2022

**Enfield Women's Centre
Vicki Scarlett House,
31A Derby Road,
Ponders End,
Enfield,
EN3 4AJ**

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info@enfieldwomen.org.uk

Registered Charity No 1002117

Contents

Chair's Report

Treasurer's Report

Director's Report

Counselling

Freedom Programme

Coffee Mornings

Food Distribution Project

Connecting Enfield Women

White Ribbon

Acknowledgements

Networking and Partnership

EWC Personnel

Poem

Chair's Report 2021 -2022

Covid-19 is still very much a feature of life this year and continues to affect how we operate.

The continuation and growth of the vaccine programme has helped the return to some measure of normality. Nonetheless, at the time of writing, highly infectious variants still put people in hospital, and it seems that 'herd immunity' will take time to become a reality.

We continue to take advantage of online platforms to deliver services, and online meetings with our colleagues, both in the sector and the wider community, have become the norm.

During this period of uncertainty, demand for our services has continued to increase, and the impending cost-of-living crisis has put even more pressure on women and their families.

More than ever this year, I need to thank the entire EWC team for their unstinting efforts on behalf of our clients. For all they do in supporting the vital work of the organisation, I would also like to thank my colleagues on the Management Committee.

Barbara Le Fevre Chair

Treasurer's Report

The current pandemic has mean that we have not had the ability to raise funds locally, with no local events being organised. We have also lost income from face-to-face activities; although small, they were a help.

We are exploring online fundraising; this is a resource issue as our tiny team already are at full stretch. A small sub-group is considering launching a series of appeals for various activities and items whilst remembering those who use our services struggle themselves.

The Team continues to meet challenges creatively and cheerfully using our scarce resources to the best of their ability. I am in constant awe of this ability of theirs.

Thank you all very much for your humour, hard work, dedication and support.

B J Woods - Treasurer

Centre Directors Report

What to say that would be different about a small group of people working to provide support services to those in most need. As always, the team have been magnificent coming in to respond to the urgent needs of women who need our support. Despite still providing services online we have a steady stream of women and their families arriving at our door seeking help; food, housing advice, needing to escape a violent situation, access to info on benefits, etc.

It has been a difficult time, balancing the needs of the team to stay safe and the needs of our clients to access support. Funding bids have been sent off and we have news that some of these have been favourably viewed. More info on those next time.

Ginnie Landon - Centre Director (Voluntary)

Counselling -

Counselling has continued online throughout the year. We have recruited more counsellors and have been able to increase the number of counsellors speaking community languages.

As with last year, the number of referrals and, in particular, via NHS IAPT and Domestic Violence professionals in all sectors, continues very high.

As more areas of life return to normal, we hope to be able to offer clients the choice of face-to-face or remote sessions.

Freedom Programme

The Freedom Programme also continued successfully online, with referrals continuing to increase. Referrals come from LBE Social Services, GPs, hospitals, counsellors, schools and community and voluntary organisations. Women are also able to self-refer. We run three courses per year, one each term. We are always oversubscribed for these courses.

The Freedom Programme examines the roles played by attitudes and beliefs on the actions of abusive men and the responses of victims and survivors. The aim is to help them to make sense of and understand what has happened to them, and to move on to abuse-free lives.

Coffee mornings

Online coffee mornings continue. There is still a significant amount of concern about Coronavirus and now people are discussing how Long Covid is affecting them and their loved ones. We are collecting information on what works for people to share with others. These sessions are held weekly throughout the year, but we have noticed that numbers decline during school holidays. We are looking at options for an online activity which might include children.

Food Distribution project

Sainsbury stores on the A10 and Lancaster Road collect donations for the women we serve. Since joining the Food Alliance, our referrals have increased and we are operating two delivery rounds and pick-ups each week, one in the North and one in the South of the Borough. Many of the women need help on various issues and we offer courses on Money Management, access to advice completing forms for various benefits, etc., housing help – some women are facing no fault evictions.

Connecting Enfield Women

As a response to the high levels of outrage following the murder of Sarah Everard, women in Enfield, led by Councillor Kate Anolue, and supported by Enfield Saheli and Enfield Women's Centre, came together for support and to explore how we might work together to combat issues of extreme misogyny and support each other.

Women's groups and individuals were invited to participate to find out more, and potentially continue to be part of the process to explore this further.

Meetings have been held online to consider a way forward and Terms of Reference were agreed. Plans for various activities including a conference are to be drawn up. It has been agreed that Enfield Women's Centre will support this initiative with admin and other services as needed.

White Ribbon Day 2021

We continue to support and promote the White Ribbon campaign. We held our annual vigil for women and girls who had been attacked and killed around the world. As in last year, this was an online event due to the Coronavirus concerns. It was good to be joined by women from the community and also the statutory sector.

Acknowledgements

Once again it is time to thank people for their help, support, donations and encouragement in enabling us to carry out the activities of the Centre. We have to repeat that thanking everyone who has helped and supported us is a challenge each year in that we are always conscious that we may miss someone important. So - **thank you** to all who have helped, supported and encouraged us and apologies if you have been missed in the comments below. Do please contact us to enable us to rectify the situation.

We continue to thank staff and customers at **Sainsbury** for their wonderful support for our families via the donation boxes in their stores. This continued high-profile support has really helped and we have had individuals contact us to bring us supplies direct having seen the Sainsbury boxes. This food and other necessary items are invaluable in supporting the families who are referred to us.

Edmonton Rotary Club for their much appreciate continued support for our clients. They delighted our families with a huge donation of candy covered chocolate buttons which we packaged up as gifts. The families loved these as we added them to the Christmas Hampers.

Once again, the people of Enfield came together to ensure we were able to bring some light to our families over the Christmas period with turkeys, hampers and gifts. These included Pastor Nick and the Revival Christian Church of Enfield and a year-long supply of food donations as well as ready meals from Tara at Exodus Youth Worx UK.

Melanie Tadhunter of the British Darts Foundation who again donated a stunning amount of toys and other gifts for children.

We are always grateful for the help and support from the Community Development Team at the Civic, Shaun Rogan, Debbie Gates, Jany Badoye. Their prompt responses to our varying queries have helped a tremendous amount.

Louise Nicholson is due a massive vote of thanks for her continued support with our website. We often rush off emails with requests for amendments and she responds immediately helping us to promote our work.

Paul at Selman Print – thanks for your rapid responses to our crazy requests.

Enfield Voluntary Action – for their invaluable support and information on a range of issues. The various fora they provide for community groups to come together to discuss concerns is invaluable.

Thank you to all our **members and individual** donors – without your support we would not be here. We also recognise that for some of you this is a big deal.

We again owe a debt of gratitude to Paul for carrying out deliveries of food to our families needing foodbank services.

Again – working with this dedicated team is a privilege, one for which I am truly grateful. So, thank you to all the Team and the Trustees for keeping the focus in these unfocussed times.

Networking and Partnerships

We value working with colleagues and partners in the Borough including a range of professionals, groups and networks/fora including Domestic Violence Against Women and Girls (VAWG) Strategic and Operational Groups, Citizens Advice Enfield, Enfield LGBT Network, Enfield Voluntary Action, Enfield Food Alliance, Ponders End Community Development Trust, Voluntary Sector Strategy Group, North Central London CCG stakeholders group, Early Help Network, Voice It Out Women, Enfield Children's and Young People's Services, Enfield Saheli, IKWRO, Imece, Naree Shakti, Samafal Women's organisation.

This means we have an extensive list of groups and professionals to which we can refer clients for help we cannot provide. We operate knowing we cannot do everything and celebrate the vastness and variety of the people we work with.

EWC Personnel

We owe a huge debt of gratitude to the wonderful band of women who assist us in various ways including turning up to stuff envelopes, meet and greet people at events, registers, tea duty, stalls at festivals and various events, help with walks and other activities.

**This band of wonderful women is vital to us being able to provide quality, low-cost services in the borough.
A big thank you to everybody.**

Centre Personnel 2021 - 2022

Management Committee

Chairperson – Barbara Le Fevre Treasurer – Beverley Woods
Yewande Bright, Brenda Landers, Marylyn Spencer

Office Team

Ginnie Landon, Laurie Dengel, Mary Bright,
Marylyn Spencer, Amber Conway,

Counselling Team

Clinical Supervisor Lauren Hooper

Counsellors

Sadaf Butt, Sarah-Jane Andrews, Tessa Bennett, Sally Hartley, Javeira Khan,
Senada Gjokaj, Amanda McDermott, Daisy Williams

Trainers and Tutors

Nadine Johnson, Jade, Rhianna and Millie

Ad hoc Volunteers

Claudia Deutschmann, Hasibe Dulgeroglu, Julia Mountain, Emine Mustapha, Jas Gosai, Cardina Beckford,
Brenda Landers, David Le Fevre, James and Paul Dengel

If the mountain seems too big today,
Then climb a hill instead.
If the morning brings you sadness,
It's okay to stay in bed.
If the day ahead weighs heavy
And your plans feel like a curse,
There's no shame in re-arranging,
Don't make yourself feel worse.
If a shower stings like needles
And a bath feels like you'll drown,
If you haven't washed your hair for days,
Don't throw away your crown!
A day is not a lifetime,
A rest is not defeat.
Don't think of it as failure,
Just a quiet, kind retreat.
It's okay to take a moment
From an anxious, fractured mind.
The world will not stop turning
While you get realigned.
The mountain will still be there
When you want to try again,
So climb it in your own time
...and love yourself 'til then.



Enfield Women's Centre
Unaudited Financial Statements
for the year ended 31st March 2022

Charity Registration No: 1002117

Enfield Womens Centre
Contents of the Financial Statements
for the year ended 31 March 2022

Independent examiner's report	1
Statement of financial activities	2
Balance sheet	3
Notes to the financial statements	4

Enfield Women's Centre (Charity no: 1002117)

Year ended 31st March 2022

Independent Examiner's Report on the Financial Statements

I have examined the financial statements on pages 2 to 4 which have been prepared under the historical cost convention and the accounting policies set out on page 4.

This report is made solely to the charity's Trustees as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for my work regarding this report.

Respective responsibilities of the trustees and examiner

The Trustees responsibilities for preparing the annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards are set out in the Statement of Trustees Responsibilities on page 2.

The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and that an independent examination is needed.

It is my responsibility as examiner:

- (a) to examine the financial statements under section 145 of the Act
- (b) to follow the procedures laid down in the General Directions given by Charity Commissioners; and
- (c) to state whether any particular matters have come to my attention

My examination was carried out in accordance with the general Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and report is limited to those matters set out in the statement below.

Independent Examiners Statement

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that, in any material respect, the Trustees have not met the requirements to ensure that:

- (a) proper accounting records are kept in accordance with section 130 of the Act; and
- (b) accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act

Peter Duboff
Chartered Accountant
Independent Examiner

Kingsbury House
468 Church Lane
London NW9 8UA

Dated: 25th January 2023

Enfield Women's Centre

Statement of Financial Activities

for the year ended 31 March 2022

	<u>2022</u>	<u>2021</u>
	£	£
Incoming resources		
London Borough of Enfield grant	31,200	27,000
Job retention scheme grant	6,396	13,538
Events	-	135
Membership	40	50
Counselling	65	1,785
Sundry donations	3,184	4,633
Miscellaneous income	-	-
	<hr/>	<hr/>
Total incoming resources	40,885	47,141
	<hr/> <hr/>	<hr/> <hr/>
Resources expended		
Salaries	19,370	17,546
Travel and subsistence	1,482	1,671
Counselling	-	-
Refreshments	38	118
Training	1,045	2,039
Events and activities	5,230	4,006
Room hire	350	1,180
IT maintenance	2,008	1,770
Electricity and water	1,790	2,255
Postage	811	1,318
Printing and stationery	1,175	1,359
RPS equipment	1,853	2,962
Membership subscriptions	216	216
Insurance	1,269	1,576
Independent accountant's fees	300	300
Furlough fees	900	300
Bookkeeping and administration	-	650
Telephone	2,043	2,491
Cleaning	1,374	1,000
Sundries	11	86
Bank charges	61	63
Depreciation of garden office	-	2,072
	<hr/>	<hr/>
Total resources expended	41,324	44,978
	<hr/> <hr/>	<hr/> <hr/>
Net incoming resources	(438)	2,162
Fund balance brought forward	8,047	5,885
	<hr/>	<hr/>
Funds balance carried forward	£ 7,609	£ 8,047
	<hr/> <hr/>	<hr/> <hr/>

Enfield Women's Centre

Balance Sheet

At 31 March 2022

	Note	<u>2022</u> £	<u>2021</u> £
Tangible Fixed Assets	2	-	-
Current Assets			
Cash at bank and in hand		2,920	7,347
Sundry debtors	3	4,989	1,000
		7,909	8,347
Creditors: amounts falling due within one year	4	(300)	(300)
Net Current Assets		£ 7,609	£ 8,047
Net Assets		£ 7,609	£ 8,047
Represented By:			
Unrestricted funds		7,609	8,047
Restricted funds		-	-
		7,609	8,047

The financial statements have been prepared in accordance with the Charity Commission recommended guidelines and best practice.

Approved by the Management Committee and signed on their behalf by:

Barbara le Fevre

Chairperson

Dated: 24th January 2023

Enfield Women's Centre

Notes to the Financial Statements

At 31 March 2022

1 ACCOUNTING POLICIES

BASIS OF ACCOUNTING

These accounts have been prepared under the historical cost convention and in accordance with applicable Accounting Standards. In preparing the financial statements the charity follows best practice as set out in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2005) and applicable UK standards and the Charities Act 2011.

INCOMING RESOURCES

All income from grants, donations, deposit interest, and similar incoming resources is recognised on a receipt basis.

Income from fund raising events is recognised based on the year in which the event takes place.

RESOURCES EXPENDED

All expenditure is recognised on a payments basis.

FUNDS

For this year funds held by the Charity are unrestricted.

2 TANGIBLE FIXED ASSETS

	Garden Office £	Total £
COST		
Brought forward and as at 31 March 2022	10,356	10,356
	<hr/>	<hr/>
DEPRECIATION		
Brought forward	10,356	10,356
Charge for the year	-	-
	<hr/>	<hr/>
As at 31 March 2022	10,356	10,356
	<hr/>	<hr/>
NET BOOK VALUE		
At 31 March 2022	-	-
	<hr/>	<hr/>
At 31 March 2021	-	-
	<hr/>	<hr/>
3 DEBTORS	2022	2021
	£	£
Deposit held by EDF	1,000	1,000
Statutory maternity pay	3,989	-
	<hr/>	<hr/>
	4,989	1,000
	<hr/>	<hr/>

Enfield Women's Centre

Notes to the Financial Statements (continued)

At 31 March 2022

4 CREDITORS FALLING DUE WITHIN ONE YEAR	2022	2021
	£	£
Accruals	300	300
	<u> </u>	<u> </u>

5 TAXATION

Enfield Women's Centre is a registered charity and accordingly is exempt from taxation on its income and gains where these are applied for charitable purposes.

6 RELATED PARTY TRANSACTIONS

None of the trustees were paid any expenses or remuneration by the charity during the year ended 31st March 2022.

7 DESIGNATED AND UNDESIGNATED FUNDS

All funds are undesignated.

Enfield Women's Centre (Charity no: 1002117)

Year ended 31st March 2022

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