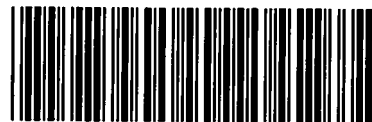


Company Registration Number - 2446695

The Charity Registration Number is :- 1001288

Chinese Wellbeing
Report and Accounts
31 March 2023

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COMPANIES HOUSE

Chinese Wellbeing

Report and accounts for the year ended 31 March 2023

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Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

The Trustees present their Report and Accounts for the year ended 31 March 2023, which also comprises the Directors' Report required by the Companies Act 2006.

The year was very different from 2021 and 2022 being the first year after the pandemic when the care sector could return to some degree of normality.

As with last year we would like to record our gratitude to those organisations who provided both financial and non-financial support during the year.

These include :

Lloyds Bank Foundation England and Wales
Liverpool City Council
PH Holt
NHS Liverpool Clinical Commissioning Group
Central Liverpool PCN
Pine Court Housing Association
Healthwatch (Liverpool)
Liverpool School of Tropical Medicine
Merseycare NHS
Alzheimer's Research UK

We continue to use our reach into the Chinese community for various engagement exercises for external agencies and to support housing associations.

Our unique ability to engage with the Chinese community for health and wellbeing issues is a strength which we continually strive to develop in an effort to remain sustainable.

In the course of the year, Chinese Wellbeing has continued to work closely with partners and supporters in the delivery of its services. We remain grateful to those organisations who have given support – financial and otherwise, and we remain grateful for our very competent and loyal staff complement. I should also thank my fellow trustees who have consistently given their time and expertise; as has been pointed out in the body of this report, trustees are not remunerated and are not paid expenses; they have given their time freely and for free!

Chinese Wellbeing is a small charity serving a niche group of clients. That on the one hand allows us to be agile, flexible and innovative in how we approach our mission, but it also means that we can't take advantage of economies of scale that generic providers can benefit from. Looking into the forthcoming 5 years, I can see that pressures will build as nationally social care funding remains inadequate for the task. There is no longer a Chinese Social Worker based at the Royal Liverpool University Hospital, and this is already beginning to impact on the flow of care packages available to Chinese Wellbeing and awareness within the NHS of the needs of Chinese community members that might delay release from hospital, or see people taken into institutional residential care where they could be supported at home to live more independently. The issue about the rate which Liverpool City Council is able to pay for domiciliary care visits remains unresolved; the rate paid is significantly less than that recommended by the National Homecare Association, and significantly less than it costs Chinese Wellbeing to provide the service. For many years Chinese Wellbeing has 'plugged the gap' through raising funds from other sources, but with the anticipated deterioration in Local Authority budgets, higher inflation, higher interest rates and greater demand on alternative funding sources, I anticipate that some difficult decisions will have to be taken over the forthcoming months.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

On a more positive note, Chinese Wellbeing was presented with a special award by The High Sheriff of Merseyside, Lesley Martin-Wright. The award is for 'great and valuable services to the community' which we were honoured to accept at a special ceremony in The Athanaeum club in Liverpool. All of the team at Chinese Wellbeing are pleased and proud to receive the recognition and we would like to thank all of our service users for the contribution they make to all of our events and activities.

In the course of the year we had been pleased to welcome the High Sheriff of Merseyside, Lesley Martin-Wright and her husband John to meet with our Evergreen Club members. Members learned about the history of the role of High Sheriff and in return, the Club choir gave a special performance of traditional Chinese songs and were keen to display their art work particularly that which they produced in celebration of the Platinum Jubilee. Afterwards, we spent time discussing the work of the Charity and how Chinese Wellbeing supports the older members of the community. We were honoured to have such distinguished guests spend their time with us.

Andy Green
Chair of the Trustees
2023

Reference and administrative details

The charity name.

The legal name of the charity is:- Chinese Wellbeing.

The charity is also known by its operating name, Chinese Wellbeing.

The charity's areas operation and UK charitable registration.

The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1001288.

The charity does not operate in any overseas jurisdictions.

Legal structure of the charity

The charity is constituted as a company limited by guarantee, registered under the Companies Acts . The governing document of the charity is the Memorandum and Articles of Association establishing the company under company legislation.

The governing document is dated 27 November 1989

There are no restrictions in the governing documents on the operation of the Charity or on its investment powers other than those imposed by Charity Law.

By operation of law all, trustees are directors under the Companies Act 2006 and all directors are trustees under Charities legislation and have responsibilities, as such, under both company and charity legislation.

The trustees are all individuals.

The principal operating address, telephone number, email and web addresses of the charity are:-

85-86 Staten Court

Tradewind Square, East Village, Duke Street

Liverpool, L1 5BG

Telephone 0151 709 2643

Email Address info@chinesewellbeing.co.uk Web address www.Chinesewellbeing.co.uk

The registered office of the charity for Companies Act purposes is the same as the operating address shown above.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

The Trustees in office on the date the report was approved were:-

Mr Andrew Michael Green

Mrs Polly Yee-Ling Green

Dr Simon Siu Man Kan

Mr Oscar Ip

Mrs Helen Owen

Mr James Crook

Mr Stephen Wong

Mr Kai Kwong Simon Wong

The following persons served as Trustees during the year ended 31 March 2023 :-

The trustees who served as a trustee in the reporting period were as shown above, and there were no changes during the year, or in the period between the year end and the approval of the accounts.

All the trustees are also members of the charity.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

Objects and activities of the charity

The purposes of the charity as set out in its governing document.

The objectives of the charity are set out in the Memorandum of Association of 27th November 1989 as amended by the Extraordinary General Meeting of 5th November 1990, and incorporated in the Companies Act 2006 compliant revision of the Memorandum and Articles of Chinese Wellbeing of 2015. They are:

1. to promote the education of people in the principles and practice of good citizenship and service to the community
2. to promote and provide social services of a charitable nature for the benefit primarily but not exclusively of Chinese persons resident within the area with the objective of improving the conditions of life of the persons to whom such services are provided
3. to advance the education of unemployed persons, in particular those of Chinese origins, who are in need of assistance by providing them with vocational training

The main activities undertaken in relation to those purposes during the year.

Aims and Focus of Our Work:

Chinese Wellbeing delivers a suite of services that aim to:

- Enable independent living.
- Promote physical, mental, social and economic well-being.
- Support community involvement.
- Enable a better route for community engagement.
- Advocate on behalf of our clients - and help them develop and use their own voices.
- Provide information - to clients and about the needs of our client, to Government, local agencies and the community at large.

Ensuring that the Work of the Organisation Delivers our Aims:

The activities of Chinese Wellbeing are built around our experience and understanding of the specific needs of our clients which are driven by the following characteristics:

- Reluctance on the part of many in the community to seek help due to social stigma and lack of understanding about how the system works and what services are available.
- Problems in accessing and beneficially using mainstream services because of language difficulties and cultural barriers.
- A lack of knowledge and skills in self-care and self-support, particularly in the areas of mental health and preventing and managing chronic diseases.
- Social isolation due to language difficulties and disabilities, particularly amongst older people and those with learning difficulties and their carers.
- A lack of support and confidence to venture out of the 'Chinese Comfort Zone' and become involved in wide community activities.

To address these issues Chinese Wellbeing acts as a facilitator and conduit between its Service Users and their extended families and mainstream care services. We have continued to hold presentations, awareness sessions and consultation events with partners to educate the community in areas of health and wellbeing which have previously been difficult to access.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

The main activities undertaken during the year to further the charity's purpose for the public benefit.

How our Activities Deliver Public Benefit.

The activities of Chinese Wellbeing provide public benefit directly through the support that it gives to its clients, but it also provides public benefit by providing a link between the Chinese community and other agencies so that they can fulfil their obligations more cost effectively and inclusively. All the activities that Chinese Wellbeing carries out are of a social or charitable nature, undertaken to further the charitable objectives of the organisation which are set out above.

Who has Used and Benefited from our Services?

Chinese Wellbeing provides services for the benefit primarily but not exclusively of Chinese people resident within the area of Merseyside and the Liverpool City-Region. The direct beneficiaries of Chinese Wellbeing's activities are primarily those who consider themselves to be Chinese, but we also provide services to people who are not Chinese but are in need of support and are happy to receive that support from Chinese Wellbeing.

For the year ending March 2023, Chinese Wellbeing had regular contact with over 200 service users receiving Domiciliary Care, Personal Wellbeing Services or using Evergreen Wellbeing Club. The majority of direct service users are elderly and of Chinese origin, with an age range between 40 and 100 years. The gender balance of beneficiaries receiving personal care and support continues to remain approximately equal, while the beneficiaries using the club services were predominantly female. Generally, most service users live alone, speak little English and live with a range of chronic illnesses and disabilities.

Our long experience and wide knowledge of the Chinese Community enables us to support other agencies and disseminate clear information for the local authorities, the NHS, Central Government, Registered Social Landlords and other charities.

The trustees have had regard to the Charity Commission's guidance on public benefit in managing the activities of the charity.

The short term and longer term aims and objectives.

- Continue to develop Health and Wellbeing activities.
- Continue to explore commercial opportunities to generate revenue either as a one off project or preferably in a more sustainable service offering.
- We will consider all opportunities to apply our expertise across a wider geography.
- We will continue to work towards securing dedicated and customised space to enable our activities to be better provided and more easily accessed by our clients.
- We will seek to improve collaborative working with agencies with which we might have synergies.
- We will seek to develop successful services such as Tea House Reminiscence®, Personal Wellbeing Service and Evergreen Wellbeing Club
- Invest in training and recruitment.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

The main achievements and performance of the charity during the year.

What Services and Activities were provided?

Services are delivered through the following key activities:

Domiciliary Care and Respite Services

This service provides personal care and support that is responsive and sensitive to the language and cultural needs of those who are elderly and /or with disabilities and living at homes or in other types of housing. Bi-lingual staff and cultural awareness provide a specialised service which is not available elsewhere locally. This includes matching the languages and dialects of service users with care assistants, to ensure clear communication. During the year, despite very trying circumstances we continued to provide in personal care services to the Community. Appropriate Personal Protective Equipment (PPE) was worn throughout the period and protocols put in place to prevent cross infection for the protection of service users and their families and our own staff.

Personal Wellbeing Service

This is a service introduced in April 2013 to replace the Supported Living Service which was de-commissioned by Liverpool City Council in March 2013.

The service provides a Personal Assistant to support the service user to sustain an independent life style whilst still living at home. The service is chargeable and in the last year we saw an increase of 20% in income on the previous twelve months.

Evergreen Wellbeing Club

Evergreen continued its' activities throughout the year both face to face and online which include singing, Pom-pom dancing, chair based exercises, cookery, and arts and craft sessions which keep people connected and stimulated. These sessions are very popular and attendance figures main-tained high levels with members showing off some artistic and creative talents.

The local authority Community Resource Grant (CRG) was renewed at the previous year's level of £ 14k and this helped us to keep the team in place to deliver this much needed and valued support.

Health talks and events covered topics such as Diabetes, Brain Health, Dementia, Skin Cancer (North West Cancer Research) Healthy Food, Diet, and Happy Ageing (Dr Zhu, TCM Practitioner) Psychological Wellbeing (Merseycare NHS), Bowel Cancer Screening (supported by Central Liver-pool PCN) Covid Vaccinations, Energy savings, Online scams, Healthwatch Focus Group, GP Access, Feeding Liverpool and the Good Food Project.

We have continued to run a Tablet Loan Scheme originally funded through TNL Power to Change. We have been able to offer data time for those without internet connectivity and technical sup-port to enable elderly members to join our online activities and re connect with friends.

Birthday and seasonal events such as Christmas and Chinese New Year are important to our Club members and the community in general.

We were also pleased to work in collaboration with Sefton Park Palm House, Liverpool Confucius Institute, Pine Court Housing and Ms. Xiaoxiao Hou, in a special 'Arts for Health and Wellbeing' Chinese New Year event at the Palm House.

The day included cultural performances, craft sessions, Chinese calligraphy and our Evergreen Club choir singing traditional songs. The event was a huge success and attracted over 200 guests.

It was also an opportunity for Club members to proudly display their artwork in a special exhibition set up at the venue which visitors much admired.

During the year we were approached by The Brain Charity undertaking research on behalf of LCC into the needs of carers, and people being cared for with regards to future planning. We were pleased to have been given the opportunity to facilitate a number of focus groups involving our members.

The valuable insights gained will help commissioners to find better ways to support carers and people receiving care across Liverpool to plan for the future.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

Evergreen Club outputs for the year:

1 April 2022 - 31 March 2023

Total number of online and face to face sessions: 152

Total attendances 2911

Total weekly Interventions i.e. telephone calls, texts, door step visits, emergency shopping trips, vaccination registrations, help with accessing the internet, medication collections 7,019

Tea House Reminiscence®

NHS Health & Wellbeing Dementia Project

During the period we were pleased to have been awarded an NHS Health & Wellbeing grant, which has enabled us to reinstate our monthly Tea House Reminiscence® and to further develop our pre and post diagnostic support services including our Chinese Dementia Support Network. Demand for our services continues to grow which is testament to the hard work of our bi-lingual Dementia Champions, Angel and Maggie in raising awareness of dementia and their efforts in reducing the social stigma which exists within the community. The Network is open to anyone who has memory problems or who has received a recent diagnosis and their family carers. Since commencing the services, we have re-established our partnership working with NHS Mersey Care and the Dementia Care Navigator team and are collaborating on a culturally appropriate post diagnostic support service to be delivered with the support of our Dementia Champions.

Tea House is a registered brand, and is open to anyone over the age of 55 years but particularly aimed at those living with dementia, or at risk of dementia and their family carers. It is a means of helping those with dementia and other memory problems. It provides a safe and memory-rich environment aimed at stimulating participants through a varied activity programme.

LCC Community Champion

Phase 2

The Community Champions (CCs) team was originally set up by LCC to support community based programmes to tackle Covid 19, vaccination information, vaccine uptake and to engage with disproportionately impacted communities.

During Phase 2 of the project, Community Innovation Teams (CITs) were developed through a partnership with LCC, Liverpool School of Tropical Medicine and Central Liverpool PCN. CIT's which were multi professional teams, were tasked with addressing low vaccine up take within wards identified as priority areas. The Champions received training in research methodologies including root cause analysis and data collection.

Chinese Wellbeing's Champion worked in the Central CIT targeting Chinese students. Events were arranged for Chinese and other international students to register their vaccination status and verify overseas vaccinations. Within the local community, our CC worked hard to raise awareness of Covid vaccines and to encourage take up within the community.

CC's have collectively addressed barriers to engagement and improved access to mainstream health services.

Chinese Wellbeing

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Trustees' Annual Report for the year ended 31 March 2023

Greenspace Project

Funded through the Green Recovery Challenge Fund-connecting people back to nature, led by Mersey Forest in partnership with LCC, NHS, LJMU, Cheshire Wildlife Trust and the PATT Foundation. The Project provided the opportunity for Club members to explore new local green spaces. Members of the staff team undertook the necessary training and we were able to introduce Nordic Walking, with the appropriate equipment, which gave members the opportunity to learn new techniques and skills to promote and maintain fitness levels. This was extremely popular with members reporting feeling more active and socially connected.

ARUK INSPIRE Grant Project:

Promoting Awareness of Brain Health in the Chinese Community in England - led by researchers from University of Wolverhampton and University of West England

Led by a team of academic researchers, we joined forces with 4 other Chinese organisations from across the UK and helped to facilitate workshops to raise awareness of brain health and dementia within our respective communities. Our Evergreen Club Arts Group helped to co-produce tailored and culturally appropriate posters and leaflets promoting key messages on how to keep the brain healthy for local distribution. We have continued to run workshops on the importance of good brain health to help in the prevention of dementia.

Plans for the Future

- Continue to develop Health and Wellbeing activities.
- Continue to explore commercial opportunities to generate revenue either as a one off project or preferably in a more sustainable service offering.
- We will consider all opportunities to apply our expertise across a wider geography.
- We will continue to work towards securing dedicated and customised space to enable our activities to be better provided and more easily accessed by our clients.
- We will seek to improve collaborative working with agencies with which we might have synergies.
- We will seek to develop successful services such as Tea House Reminiscence®, Personal Wellbeing Service and Evergreen Wellbeing Club
- Invest in training and recruitment.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

Structure, governance and management of the charity

The methods used to recruit and appoint new charity trustees.

Chinese Wellbeing is a company limited by guarantee and a registered charity. Membership of the organisation is open only to the Trustees and the business of Chinese Wellbeing is managed by the Trustees, who meet regularly as a Board. The trustees, act on a voluntary basis and are not in receipt of any remuneration from Chinese Wellbeing. The Articles of Association stipulate that there are to be at least 3, and no more than 15 trustees; The Board of Trustees currently numbers 8.

The Board meets on a regular 6-weekly cycle unless there are particular issues to be addressed that require additional meetings. During the period of the COVID pandemic, trustee meetings were conducted via Zoom, as allowed for in our governance and in some instances this remained the case for certain trustees.

Advisors

The Articles of Association provide for the Board to maintain an advisory panel. In the course of the year, the organisation benefitted from retaining the services of a firm of solicitors for specific guidance in Employment Law.

Recruitment and Induction of Trustees

No new trustees were appointed in the course of the year. The difficulty in securing trustees with the appropriate skills and culture to contribute to the work of the organisation, remains a matter of concern. Trustee recruitment is an important factor and Chinese Wellbeing maintains a vigilance for prospective candidates

Financial review

The charity's financial position at the end of the year ended 31 March 2023

The financial position of the charity at 31 March 2023 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

	2023	2022
	£	£
Net income	(65,972)	19,205
Unrestricted Revenue Funds available for the general purposes of the charity	215,667	281,639
Total Funds	215,667	281,639

Financial review of the position at the reporting date, 31 March 2023 .

The trustees consider the financial performance by the charity during the year to have been satisfactory. In the last financial year approximately 60 % of our income derived from delivering domiciliary care on behalf of Liverpool City Council.

The balance is made up of grants and individuals paying for services supporting independent living. We are continually assessing other potential areas for income generation.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

Policies on reserves.

Chinese Wellbeing has been very mindful of the risk to its operations arising from the recession and pressure on public funding. The Trustees consider it to be prudent in these circumstances to keep 3 months running costs in reserve and sufficient funds for potential redundancy payments £200,000

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Investment policy and investment objectives.

Chinese Wellbeing operates a prudent reserves policy, and a prudent investment policy. The Board of Trustees is mindful of the recent volatility and unreliability of financial products and has opted for the investment of its funds in low risk commercial products.

Details of The Independent Examiner

Tracey Pritchard BA FCA

Member of Institute of Chartered Accountants in England & Wales

255 Poulton Road

Wallasey

Merseyside

CH44 4BT

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

Statement of the Directors Trustees' Responsibilities

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Companies Act 2006, the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the Trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), .

In particular, the Companies Act 2006 and charity law require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Board is required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with the Companies Act 2006 and comply with regulations made under the Charities Act. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that , on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

Method of preparation of accounts - Small company provisions

The financial statements are set out on pages 15 to 39.

The financial statements have been prepared implementing the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016)

These financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006. applicable to companies subject to the small companies regime.

This report was approved by the board of trustees on 21/11 2023.



ANDY GREEN
Director and Trustee

Chinese Wellbeing

Report of the Independent Examiner to the Trustees of the charitable company on the accounts for the year ended 31 March 2023

I report to the Trustees on my examination of the financial statements of the charitable company on pages 15 to 39 for the year ended 31 March 2023 which have been prepared in accordance with the Charities Act 2011 (the Act) and with the Financial Reporting Standard 102, (effective 1st January 2016) as modified by FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , and under the historical cost convention and the accounting policies set out on page 20.

Respective responsibilities of the Trustees and the Independent Examiner and the basis of the report

As described on page 11, you, the charitable company's Trustees, who are also the Directors of the Company for the purposes of Company law, are responsible for the preparation of the financial statements in accordance with the Companies Act 2006, the Charities Act 2011 and all other applicable law and with United Kingdom Generally Accepted Accounting Practice, applicable to smaller entities, and for being satisfied that the financial statements give a true and fair view.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the memorandum and articles of the charity for the conducting of an audit, and that the accounts do not require an audit in accordance with Part 16 of the Companies Act 2006 and that no member or members have requested an audit pursuant to Section 476 of the Companies Act 2006. As a consequence, the Trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the financial statements are not required to be audited under any legal provision, or otherwise, and are eligible for independent examination, it is my responsibility to:-

- a) examine the financial statements of the charity under Section 145 of the Act;
- b) follow the applicable procedures in the Directions given by the Charity Commission under section 145(5)(b) of the Act.

Basis of Independent Examiner's Statement and scope of work undertaken

Since the charitable company's gross income exceeded £250,000, the charitable company's examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am an authorised member of Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

I report in respect of my examination of the charity's financial statements carried out under s145 of the Act. In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act setting out the duties of an independent examiner in relation to the conducting of an independent examination. An independent examination includes a review of the accounting records kept by the charitable company and of the accounting systems employed by the charitable company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that, on a test basis of evidence relevant to the amounts and disclosures made, the financial statements comply with the SORP.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries and does not cover all the matters that an auditor would consider in arriving at an opinion. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide

Consequently, I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtained written assurances from the Trustees of all material matters.

Chinese Wellbeing

Independent Examiner's Statement, Report and Opinion

Subject to the limitations upon the scope of my work as detailed above, I have completed my examination: and can confirm that:-

The accounts of this charitable company are not required to be audited under Part 16 of the Companies Act 2006;

The gross income of the charitable company in the year ended 31 March 2023 appears to exceed the sum specified in Section 145(3) of the Act, namely £250000, and that I am qualified to act as Independent Examiner in accordance with that section by virtue of my being a qualified member of Institute of Chartered Accountants in England & Wales;

This is a report in respect of an examination carried out under 145 of the Act and in accordance with Directions given by the Charity Commission under section 145(5)(b) of the Act which may be applicable;

and that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

accounting records were not kept in respect of the charity as required by Section 386 of the Companies Act 2006 and Section 130 of The Charities Act 2011;


the financial statements do not accord with those records; or

the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view, which is not a matter considered as part of an independent examination;

have not been prepared in accordance with the methods and principles set out in the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed:-



Tracey Pritchard BA FCA - Independent Examiner

Institute of Chartered Accountants in England & Wales

255 Poulton Road
Wallasey
Merseyside
CH44 4BT

This report was signed on 21/11/ 2023

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2023

Statement of Financial Activities (including the Income and Expenditure Account for the year ended 31 March 2023, as required by the Companies Act 2006)

	SORP Ref	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2023	2023	2023	2022
		£	£	£	£
Income & Endowments from:					
Donations & Legacies	A1	14,575	61,879	76,454	148,563
Charitable activities	A2	344,190	-	344,190	356,107
Other trading activities	A3	1,190	-	1,190	-
Investments	A4	705	-	705	126
Total income	A	360,660	61,879	422,539	504,796
Expenditure on:					
Charitable activities	B2	426,632	61,879	488,511	485,591
Total expenditure	B	426,632	61,879	488,511	485,591
Net income for the year		(65,972)	-	(65,972)	19,205
Net income after transfers	A-B-C	(65,972)	-	(65,972)	19,205
Net movement in funds		(65,972)	-	(65,972)	19,205
Reconciliation of funds:-					
Total funds brought forward	E	281,639	-	281,639	262,434
Total funds carried forward		215,667	-	215,667	281,639

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.

All activities derive from continuing operations

The notes attached on pages 20 to 39 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2023

Chinese Wellbeing - Analysis of prior year total funds, as required by paragraph 4.2 of the SORP

	SORP Ref	Prior Year Unrestricted Funds 2022 £	Prior Year Restricted Funds 2022 £	Prior Year Total Funds 2022 £
Income & Endowments from:				
Donations & Legacies	A1	62,117	86,446	148,563
Charitable activities	A2	356,107	-	356,107
Other trading activities	A3	-	-	-
Investments	A4	126	-	126
Other	A5	-	-	-
Total income	A	<u>418,350</u>	<u>86,446</u>	<u>504,796</u>
Expenditure on:				
Charitable activities	B2	399,145	86,446	485,591
Total expenditure	B	<u>399,145</u>	<u>86,446</u>	<u>485,591</u>
Net gains on investments	B4	-	-	-
Net income for the year		19,205	-	19,205
Transfers between funds	C	-	-	-
Net income after transfers		<u>19,205</u>	<u>-</u>	<u>19,205</u>
Net movement in funds		<u>19,205</u>	<u>-</u>	<u>19,205</u>
Reconciliation of funds:-				
Total funds brought forward		262,434	-	262,434
Total funds carried forward		<u>281,639</u>	<u>-</u>	<u>281,639</u>

All activities derive from continuing operations

The notes attached on pages 20 to 39 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2023

Chinese Wellbeing - Resources applied in the year ended 31 March 2023 towards fixed assets for Charity use:-

	2023 £	2022 £
Funds generated in the year as detailed in the SOFA	(65,972)	19,205
Resources applied on functional fixed assets	(53)	(96)
Other applications of funds	-	-
Net resources available to fund charitable activities	<u>(66,025)</u>	<u>19,109</u>

The resources applied on fixed assets for charity use represents the cost of additions less proceeds of any disposals.

The notes attached on pages 20 to 39 form an integral part of these accounts.

Movements in revenue and capital funds for the year ended 31 March 2023

Revenue accumulated funds

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Last year Total Funds 2022 £
Accumulated funds brought forward	281,639	-	281,639	262,434
Recognised gains and losses before transfers	<u>(65,972)</u>	<u>-</u>	<u>(65,972)</u>	<u>19,205</u>
	215,667	-	215,667	281,639
Closing revenue funds	<u>215,667</u>	<u>-</u>	<u>215,667</u>	<u>281,639</u>

Summary of funds

	Unrestricted and Designated funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Last Year Total Funds 2022 £
Revenue accumulated funds	215,667	-	215,667	281,639

The notes attached on pages 20 to 39 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2023

Chinese Wellbeing Income and Expenditure Account for the year ended 31 March 2023 as required by the Companies Act 2006

	2023	2022
	£	£
Income		
Income from operations	421,834	504,670
Interest receivable	705	126
Other operating income	-	-
Gross income in the year before exceptional items	422,539	504,796
Gross income in the year including exceptional items	422,539	504,796
Expenditure		
Charitable expenditure, excluding depreciation and amortisation	486,339	483,205
Depreciation and amortisation	594	766
Governance costs	1,578	1,620
Realised losses on disposals of social investments which are programme related	-	-
Total expenditure in the year	488,511	485,591
Net income before tax in the financial year	(65,972)	19,205
Tax on surplus on ordinary activities	-	-
Net income after tax in the financial year	(65,972)	19,205
Retained surplus for the financial year	(65,972)	19,205

All activities derive from continuing operations

In accordance with the provisions of the Companies Act 2006, the headings and subheadings used in the Income and Expenditure account have been adapted to reflect the special nature of the charity's activities.

The notes attached on pages 20 to 39 form an integral part of these accounts.

Chinese Wellbeing - Balance Sheet as at 31 March 2023

	SORP		2023	2022
	Note	Ref	£	£
Fixed assets	A			
Tangible assets	9	A2	1,860	2,401
Current assets	B			
Debtors	10	B2	12,302	20,311
Cash at bank and in hand		B4	239,400	280,013
Total current assets			251,702	300,324
Creditors: amounts falling due within one year	11	C1	<u>(37,895)</u>	<u>(21,086)</u>
Net current assets			213,807	279,238
The total net assets of the charity			<u>215,667</u>	<u>281,639</u>

The total net assets of the charity are funded by the funds of the charity, as follows:-

Restricted funds

-

Unrestricted Funds

Unrestricted Revenue Funds	14	D3	215,667	281,639
			215,667	281,639
Total charity funds			<u>215,667</u>	<u>281,639</u>

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the Independent Examiner is on page 14.

The financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006, applicable to companies subject to the small companies regime.

ANDY GREEN

Trustee

Approved by the board of trustees on 21/11 2023

The notes attached on pages 20 to 39 form an integral part of these accounts.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2023

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , effective January 2016, , and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Risks and future assumptions

The charity is a public benefit entity.

The Trustees examined the major strategic, business and operational risks that the charity faces. Following a review and assessment of these risks, the Trustees have formulated management policies and implemented internal controls to mitigate risks to the charity.

Policies relating to categories of income and income recognition.

Nature of income

Gross income represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Categories of Income

Income is categorised as income from exchange transactions (contract income) and income from non-exchange transactions (gifts), investment income and other income.

Income from exchange transactions is received by the charity for goods or services supplied under contract or where entitlement is subject to fulfilling performance related conditions. The income the charity receives is approximately equal in value to the goods or services supplied by the charity to the purchaser.

Income from a non-exchange transaction is where the charity receives value from the donor without providing equal value in exchange, and includes donations of money, goods and services freely given without giving equal value in exchange.

Income recognition

Income, whether from exchange or non exchange transactions, is recognised in the statement of financial activities (SOFA) on a receivable basis, when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities and only when the charity has legal entitlement, the income is probable and can be measured reliably.

Income subject to terms and conditions which must be met before the charity is entitled to the resources is not recognised until the conditions have been met.

All income is accounted for gross, before deducting any related fees or costs.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2023

Accounting for deferred income and income received in advance

Where terms and conditions relating to income have not been met or uncertainty exists as to whether the charity can meet any terms or conditions otherwise within its control, income is not recognised but is deferred as a liability until it is probable that the terms or conditions imposed can be met.

Any grant that is subject to performance-related conditions received in advance of delivering the goods and services required by that condition, or is subject to unmet conditions wholly outside the control of the recipient charity, is accounted for as a liability and shown on the balance sheet as deferred income. Deferred income is released to income in the reporting period in which the performance-related or other conditions that limit recognition are met.

When income from a grant or donation has not been recognised due to the conditions applying to the gift not being wholly within the control of the recipient charity, it is disclosed as a contingent asset if receipt of the grant or donation is probable once those conditions are met.

Where time related conditions are imposed or implied by a funder, then the income is apportioned to the time periods concerned, and, where applicable, is accounted for as a liability and shown on the balance sheet as deferred income. When grants are received in advance of the expenditure on the activity funded by them, but there are no specific time related conditions, then the income is not deferred.

Any condition that allows for the recovery by the donor of any unexpended part of a grant does not prevent recognition of the income concerned, but a liability to any repayment is recognised when repayment becomes probable.

Policies relating to expenditure on goods and services provided to the charity.

Recognition of liabilities and expenditure

A liability, and the related expenditure, is recognised when a legal or constructive obligation exists as a result of a past event, and when it is more likely than not that a transfer of economic benefits will be required in settlement, and when the amount of the obligation can be measured or reliably estimated.

Liabilities arising from future funding commitments and constructive obligations, including performance related grants, where the timing or the amount of the future expenditure required to settle the obligation are uncertain, give rise to a provision in the accounts, which is reviewed at the accounting year end. The provision is increased to reflect any increases in liabilities, and is decreased by the utilisation of any provision within the period, and reversed if any provision is no longer required. These movements are charged or credited to the respective funds and activities to which the provision relates.

Policies relating to assets, liabilities and provisions and other matters.

Tangible fixed assets

Tangible fixed assets are measured at their original cost value, or subsequent revaluation, or if donated, as described above. Cost value includes all costs expended in bringing the asset into its intended working condition.

Depreciation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives.

Plant and machinery	33.3 % straight line
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A regular annual review of the likelihood of asset impairment is undertaken.

Debtors

Debtors are measured at their recoverable amounts at the balance sheet date.

Creditors and provisions

Liabilities are measured at their settlement amount. A liability is recognised for the the amount the Charity anticipates it will pay to settle the deb or the amount it has received as an advance payment for goods or services it must provide.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2023

Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

There are no endowment funds.

2 Liability to taxation

The Trustees consider that the charity satisfies the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by chapter 3 part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively on the specific charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities. may need rewording.

3 Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

4 Significance of financial instruments to the charity's position

There are no significant implications of such matters.

5 Net surplus before tax in the financial year

	2023	2022
	£	£
The net surplus before tax in the financial year is stated after charging:-		
Depreciation of owned fixed assets	594	766
Pension costs	9,895	9,309

6 Staff costs and emoluments

<i>Salary costs</i>	2023	2022
	£	£
Gross Salaries	413,102	422,499
Employer's operating costs of defined contribution pension schemes	9,895	9,309
Total salaries, wages and related costs	422,997	431,808

The average number of full time and part time staff employed in the year was

33	33
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7 Remuneration and payments to Trustees and persons connected with them

No trustees or persons connected with them received any remuneration from the charity, or any related entity.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2023

8 Deferred income - Restricted funds

<i>Current Year</i>	Opening Deferrals	Released in year	Received less released in year	Deferred at year end
	£	£	£	£
Innovations in Dementia - DEEP	3,987	-	-	3,987
PH Holt	-	-	10,000	10,000
LCVS Health & Wellbeing	-	-	2,792	2,792
Community Forest Trust	-	-	2,165	2,165
LCC Comm Champion	6,250	(6,250)	6,250	6,250
Total	10,237	(6,250)	21,207	25,194
			2023	2022
			£	£
These deferrals are included in creditors			25,194	10,237

<i>Prior Year</i>	Opening Deferrals	Released in years	Received less released in year	Deferred at year end
	£	£	£	£
TNL Power to Change	234	(234)	-	-
Innovations in Dementia - DEEP	3,987	-	-	3,987
LCC Dementia Support	3,250	(3,250)	-	-
TNL Coronavirus Community Recovery Fund	840	(840)	-	-
LCCG(SMI project)	15,333	(15,333)	-	-
LCC Comm Champion	-	(18,750)	25,000	6,250
Total	23,644	(38,407)	25,000	10,237
			2022	2021
			£	£
These deferrals are included in creditors			10,237	23,644

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2023

9 Tangible fixed assets

<i>Current Year</i>	Land and Buildings	Plant & Machinery	Motor Vehicles	Total
	£	£	£	£
Cost				
At 1 April 2022	-	76,767	-	76,767
Additions	-	53	-	53
At 31 March 2023	-	76,820	-	76,820
Depreciation				
At 1 April 2022	-	74,366	-	74,366
Charge for the year	-	594	-	594
At 31 March 2023	-	74,960	-	74,960
Net book value				
At 31 March 2023	-	1,860	-	1,860
At 31 March 2022	-	2,401	-	2,401
<i>Prior Year</i>	Land and Buildings	Plant & Machinery	Motor Vehicles	Total
	£	£	£	£
Cost				
01 April 2021	-	76,671	-	76,671
Additions	-	96	-	96
31 March 2022	-	76,767	-	76,767
Depreciation				
01 April 2021	-	73,600	-	73,600
Charge for the year	-	766	-	766
31 March 2022	-	74,366	-	74,366
Net book value				
31 March 2022	-	2,401	-	2,401
31 March 2021	-	3,071	-	3,071

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2023

10 Debtors

	2023	2022
	£	£
Trade debtors	5,658	13,491
Other debtors	6,644	6,820
	<u>12,302</u>	<u>20,311</u>

11 Creditors: amounts falling due within one year

	2023	2022
	£	£
Accruals	1,620	3,787
Deferred Income - Restricted funds	25,194	10,237
PAYE, NIC VAT and other taxes	6,209	7,062
Other creditors	4,872	-
	<u>37,895</u>	<u>21,086</u>

12 Income and Expenditure account summary

	2023	2022
	£	£
At 1 April 2022	281,639	262,434
Surplus after tax for the year	(65,972)	19,205
At 31 March 2023	<u>215,667</u>	<u>281,639</u>

13 Particulars of how particular funds are represented by assets and liabilities

At 31 March 2023	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds £
Tangible Fixed Assets	1,860	-	-	1,860
Current Assets	251,702	-	-	251,702
Current Liabilities	(37,895)	-	-	(37,895)
	<u>215,667</u>	<u>-</u>	<u>-</u>	<u>215,667</u>
At 1 April 2022	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds £
Tangible Fixed Assets	2,401	-	-	2,401
Current Assets	300,324	-	-	300,324
Current Liabilities	(21,086)	-	-	(21,086)
	<u>281,639</u>	<u>-</u>	<u>-</u>	<u>281,639</u>

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2023

14 Change in total funds over the year as shown in Note 13 , analysed by individual funds

	Funds brought forward from 2022	Movement in funds in 2023	Transfers between funds in 2023	Funds carried forward to 2024
	£	See Note 15 £	£	£
Unrestricted and designated funds:-				
Unrestricted Revenue Funds	281,639	(65,972)	-	215,667
Total unrestricted and designated funds	281,639	(65,972)	-	215,667
Total charity funds	281,639	(65,972)	-	215,667

15 Analysis of movements in funds over the year as shown in Note 14

	Income	Expenditure	Other Gains & Losses	Movement in funds
	2023 £	2023 £	2023 £	2023 £
Unrestricted and designated funds:-				
Unrestricted Revenue Funds	360,660	(426,632)	-	(65,972)
Restricted funds:-				
LCC Community Resource Grant	14,000	(14,000)	-	-
Pine Court Housing	500	(500)	-	-
LCC Comm Champion	25,000	(25,000)	-	-
LCC Covid	1,206	(1,206)	-	-
Alzheimer's Research UK	3,400	(3,400)	-	-
LCVS Health & Wellbeing	9,773	(9,773)	-	-
Community Forest Trust	8,000	(8,000)	-	-
	422,539	(488,511)	-	(65,972)

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2023

16 The purposes for which the funds as detailed in note 14 are held by the charity are:-

Unrestricted and designated funds:-

Unrestricted Revenue Funds These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are free from all restrictions on their use.

Unrestricted Revaluation Reserve This fund represents the unrestricted surplus arising on the revaluation of the charity's assets.

Restricted funds:-

Restricted Fixed Asset Funds The purpose of these funds is described under the accounting policy 'Accounting for capital grants and fixed asset funds'.

Restricted Revaluation Reserve This fund represents the restricted surplus arising on the revaluation of the charity's assets.

17 Ultimate controlling party

The charity is under the control of its legal members.

Every member of the charity is obliged to contribute such amount as may be required not exceeding £10 to the assets of the company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2023 as required by the SORP 2015

This analysis is classified by conventional nominal descriptions and not by activity.

18 Donations, Grants and Legacies

	Current year Unrestricted Funds 2023 £	Current year Restricted Funds 2023 £	Current year Total Funds 2023 £	Prior Year Total Funds 2022 £
Donations and gifts from individuals Small donations individually less than £1000	2,370	-	2,370	1,457
Total donations and gifts from individuals	2,370	-	2,370	1,457

Donations and gifts from individuals (Include HMRC refunds on gift aided donations) - Prior Year analysis

	Prior Year Unrestricted Funds 2022 £	Prior Year Restricted Funds 2022 £	Prior Year Total Funds 2022 £
Prior year	1,457	-	1,457

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2023 as required by the SORP 2015

	Current year Unrestricted Funds 2023 £	Current year Restricted Funds 2023 £	Current year Total Funds 2023 £	Prior Year Total Funds 2022 £
Revenue grants from government and public bodies				
Small grants individually less than £1000	-	500	500	234
LCC Community Recourse Grant	-	14,000	14,000	14,000
NHS Liverpool CCG - Diabetes Inequalities LCCG (SMI)	-	-	-	10,998
LCC Dementia Support	-	-	-	15,333
LCVS	-	9,773	9,773	3,250
LCC - Covid	-	1,206	1,206	-
LCC Comm Champion	-	25,000	25,000	-
UOW funding	-	3,400	3,400	18,750
Community Forest Trust	-	8,000	8,000	-
TNL Coronavirus Community Recovery Fund	-	-	-	840
DHSC LCC ICF	-	-	-	9,052
DHSC LCC WRRF	-	-	-	13,482
DHSC WBC ICF	-	-	-	507
Total public sector revenue grants	-	61,879	61,879	86,446
Revenue grants from government and public bodies - Prior Year analysis				
	Prior Year Unrestricted Funds 2022 £	Prior Year Restricted Funds 2022 £	Prior Year Total Funds 2022 £	
Prior Year	-	86,446	86,446	

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2023 as required by the SORP 2015

	Current year Unrestricted Funds 2023 £	Current year Restricted Funds 2023 £	Current year Total Funds 2023 £	Prior Year Total Funds 2022 £
Revenue grants and donations from non public bodies				
LCVS	-	-	-	10,000
Lloyds Bank Foundation England & Wales	2,250	-	2,250	50,000
Dementia network	-	-	-	660
Go Fund Me	9,955	-	9,955	-
Personal Wellbeing	-	-	-	-
PH Holt Grant	-	-	-	-
Total private sector revenue grants	12,205	-	12,205	60,660

Revenue grants and donations from non public bodies (Include Gift Aid donations from subsidiaries) - Prior Year analysis

	Prior Year Unrestricted Funds 2022 £	Prior Year Restricted Funds 2022 £	Prior Year Total Funds 2022 £	
Prior Year	60,660	-	60,660	
Total Donations, Grants and Legacies				
Total Donations, Grants and Legacies A1	14,575	61,879	76,454	148,563

All the donations and gifts in the prior year were unrestricted.

	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Prior Year Total Funds 2022 £
Total Donations, Grants and Legacies A1	62,117	86,446	148,563

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2023 as required by the SORP 2015

19 Income from charitable activities - Trading Activities

<i>Current year</i>	Current year Unrestricted Funds 2023 £	Current year Restricted Funds 2023 £	Current year Total Funds 2023 £	Prior Year Total funds 2022 £
Primary purpose and ancillary trading Domicilliary and other services	343,730	-	343,730	356,107
Total Primary purpose and ancillary trading	344,190	-	344,190	356,107

20 Total Income from charitable activities

<i>Current year</i>	Current year Unrestricted Funds 2023 £	Current year Restricted Funds 2023 £	Current year Total Funds 2023 £	Prior Year Total Funds 2022 £
Total income from charitable trading	344,190	-	344,190	356,107
Total from charitable activities A2	344,190	-	344,190	356,107

21 Investment income

	Current year Unrestricted Funds 2023 £	Current year Restricted Funds 2023 £	Current year Total Funds 2023 £	Prior Year Total Funds 2022 £
Bank Interest Receivable	705	-	705	126
Total investment income A4	705	-	705	126

Investment income - Prior Year analysis

	Unrestricted Funds	Restricted Funds	Total Funds
Prior Year	126	-	126

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2023 as required by the SORP 2015

22 Other income and gains

<i>Current year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2023	2023	2023	2022
	£	£	£	£
HMRC JRS grants	-	-	-	-
Total other income	-	-	-	-

A5

23 Expenditure on charitable activities - Direct spending

<i>Current Year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2023	2023	2023	2022
	£	£	£	£
Gross wages and salaries - charitable activities	360,264	52,837	413,102	422,499
Defined contribution pension costs - charitable activities	9,895	-	9,895	9,309
Temporary Staff - Charitable Activities	-	-	-	-
Travel and Subsistence - Charitable Activities	16,839	67	16,906	17,280
Marketing and advertising of charitable services	75	-	75	-
Training costs	1,935	-	1,935	1,090
Costs of activities and events	1,810	8,961	10,770	2,750
Total direct spending	390,818	61,865	452,683	452,928

B2a

See below for split of prior year expenditure.

<i>Prior Year</i>	Prior Year Unrestricted Funds	Prior Year Restricted Funds	Prior Year Total Funds
	2022	2022	2022
	£	£	£
Gross wages and salaries - charitable activities	338,269	84,230	422,499
Defined contribution pension costs - charitable activities	9,309	-	9,309
Travel and Subsistence - Charitable Activities	17,280	-	17,280
Training costs	1,090	-	1,090
Costs of activities and events	1,550	1,200	2,750
Total direct spending	367,498	85,430	452,928

B2a

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2023 as required by the SORP 2015

24 Support costs for charitable activities

<i>Current Year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2023	2023	2023	2022
	£	£	£	£
<i>Premises Expenses</i>				
Rent payable under operating leases	13,958	-	13,958	10,517
<i>Administrative overheads</i>				
Telephone, fax and internet	3,272	-	3,272	3,840
Stationery and printing	2,491	-	2,491	1,668
Membership subscriptions	677	-	677	738
Software licences and computer	4,529	-	4,529	5,637
Health and safety costs	421	-	421	748
Liability and contents insurance	4,021	-	4,021	3,557
Equipment, repairs, expenses and maintenance	709	-	709	-
<i>Professional fees paid to advisors other than the auditor or examiner</i>				
Other legal and professional	3,071	-	3,071	3,451
<i>Financial costs</i>				
Bank charges	507	-	507	121
Depreciation & Amortisation in total for the period	580	14	594	766
Support costs before reallocation	34,236	14	34,250	31,043
Total support costs - Current Year	34,236	14	34,250	31,043

The basis of allocation of costs between activities is described under accounting policies

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2023 as required by the SORP 2015

<i>Prior Year</i>	Unrestricted	Restricted	Total Funds
	Funds	Funds	
	2022	2022	2022
	£	£	£
<i>Premises Expenses</i>			
Rent payable under operating leases	9,517	1,000	10,517
<i>Administrative overheads</i>			
Telephone, fax and internet	3,840	-	3,840
Stationery and printing	1,668	-	1,668
Membership subscriptions	738	-	738
Software licences and computer expenses	5,637	-	5,637
Health and safety costs	748	-	748
Liability and contents insurance	3,557	-	3,557
<i>Professional fees paid to advisors</i>			
Other legal and professional	3,451	-	3,451
<i>Financial costs</i>			
Bank charges	121	-	121
Depreciation & Amortisation in total for the period	750	16	766
	<u>30,027</u>	<u>1,016</u>	<u>31,043</u>
Support costs before reallocation	<u>30,027</u>	<u>1,016</u>	<u>31,043</u>
Total support costs - Prior Year	<u>30,027</u>	<u>1,016</u>	<u>31,043</u>

The basis of allocation of costs between activities is described under accounting policies

25 Other Expenditure - Governance costs

<i>Current Year</i>	Current year	Current year	Current year	Prior Year
	Unrestricted	Restricted	Total Funds	Total Funds
	Funds	Funds		
	2023	2023	2023	2022
	£	£	£	£
Independent Examiner's fees	1,578	-	1,578	1,620
Total Governance costs	<u>1,578</u>	<u>-</u>	<u>1,578</u>	<u>1,620</u>

All the expenditure in the prior year was unrestricted.

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2023 as required by the SORP 2015

26 Total Charitable expenditure

		Current year	Current year	Current year	Prior Year
		Unrestricted	Restricted	Total Funds	Total Funds
<i>Current Year</i>		Funds	Funds		
		2023	2023	2023	2022
		£	£	£	£
Total direct spending	B2a	390,818	61,865	452,683	452,928
Total charitable trading costs	B2b	-	-	-	-
Total support costs	B2d	34,236	14	34,250	31,043
Total Governance costs	B2e	1,578	-	1,578	1,620
Total charitable expenditure	B2	426,632	61,879	488,511	485,591
<i>Prior Year</i>		Prior Year	Prior Year	Prior Year	
		Unrestricted	Restricted	Total Funds	
		Funds	Funds		
		2022	2022	2022	
		£	£	£	
Total direct spending	B2a	367,498	85,430	452,928	
Total charitable trading costs	B2b	-	-	-	
Total support costs	B2d	30,027	1,016	31,043	
Total Governance costs	B2e	1,620	-	1,620	
Total charitable expenditure	B2	399,145	86,446	485,591	

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2023

This analysis is classsified by activity and not by conventional nominal descriptions.

27 Analysis of income by activity

	SOFA ref	2023 £	2022 -
Activity			
Income from charitable activities			
Luncheon Club		460	-
Chinese Wellbeing		4,065	4,115
Domiciliary Service		295,372	315,404
Personal Wellbeing		44,293	36,588
Total Income from charitable activities	A2	344,190	356,107
Summary of Total Income, including the items above			
Charitable activities	A2	344,190	356,107
Other activities	A3	1,190	-
Donations & Legacies	A1	76,454	148,563
Investment income	A4	705	126
Total income as shown in the SOFA	A	422,539	504,796
Categories of income			
Income from exchange transactions		422,539	504,796

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2023

28 Analysis of charitable expenditure by activity

Activity

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2023	2023	2023	2023	2022
	£	£	£	£	£
Luncheon Club					
Direct costs	26,919	-	-	26,919	23,509
Administrative overheads	-	-	-	-	250
Financial costs	-	14	-	14	16
Total Luncheon Club	26,919	14	-	26,933	23,775
	Direct costs	Support costs	Grant funding of activities	Total	Total
	2023	2023	2023	2023	2022
	£	£	£	£	£
Chinese Wellbeing					
Direct costs	54,849	-	-	54,849	45,343
Charitable trading costs	-	-	-	-	-
Premises expenses	-	13,958	-	13,958	10,517
Administrative overheads	-	11,885	-	11,885	11,647
Professional fees	-	1,800	-	1,800	1,800
Financial costs	-	1,087	-	1,087	745
Overheads recharged	(1,017)	(27,643)	-	(28,660)	(25,355)
Total Chinese Wellbeing	53,832	1,087	-	54,919	44,697
	Direct costs	Support costs	Grant funding of activities	Total	Total
	2023	2023	2023	2023	2022
	£	£	£	£	£
Domiciliary Service					
Direct costs	345,432	-	-	345,432	363,696
Premises expenses	-	-	-	-	-
Administrative overheads	-	4,215	-	4,215	4,287
Professional fees	-	1,271	-	1,271	1,651
Overheads recharged	1,017	21,911	-	22,928	20,284
Total Domiciliary Service	346,449	27,397	-	373,846	389,918

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2023

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2023	2023	2023	2023	2022
	£	£	£	£	£
Personal Wellbeing					
Direct costs	25,484	-	-	25,484	20,380
Administrative overheads	-	20	-	20	4
Financial costs	-	-	-	-	126
Overheads recharged	-	5,732	-	5,732	5,071
Total Personal Wellbeing	25,484	5,752	-	31,236	25,581

Summary of charitable costs by activity

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2023	2023	2023	2023	2022
	£	£	£	£	£
Total Luncheon Club	26,919	14	-	26,933	23,775
Total Chinese Wellbeing	53,832	1,087	-	54,919	44,697
Total Domiciliary Service	346,449	27,397	-	373,846	389,918
Total Personal Wellbeing	25,484	5,752	-	31,236	25,581
Total Governance costs as detailed in Note 25	-	1,578	-	1,578	1,620
Total charitable expenditure	452,684	35,828	-	488,511	485,591

The basis of allocation of costs between activities is described under accounting policies

The breakdown of this expenditure by type of spending (ie nominal classification) is detailed in note 26

Analysis of support and governance costs by charitable activities

Activity	Governance	Finance	Human Resources	Other Overheads	Total
Luncheon Club	-	14	-	-	14
Chinese Wellbeing	1,578	1,087	-	-	2,665
Domiciliary Service	-	-	-	27,397	27,397
Personal Wellbeing	-	-	-	5,752	5,752
Grand Total	1,578	1,101	-	33,149	35,828

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2023

29 Analysis of non charitable expenditure by activity

Activity

<i>Governance costs</i>	Governance costs 2023 £	Governance costs 2022 £
Other Expenditure - Governance costs as detailed in Note 25	<u>1,578</u>	<u>1,620</u>